Rotary Club of Bendigo South SIGNPOST

Volume 64, No. 06 13th August, 2020

Meets Thursdays at 6pm for 6.30pm at the Foundry Hotel, High Street Golden Square.

Rotary Opens Opportunities



bendigosouthrotary.org.au

http://www.twitter.com/RotaryBendigoS

PRESIDENT'S REPORT - 13th August 2020

It was great to see all your smiling faces on our last Zoom Meeting this week - thanks go to all the organisers for the action-packed AGENDA and the over 40 participants. It is such a positive program to be involved in and to hear Alex speak about getting his dog was very heartening. It was also good to welcome all the members of Rochester Rotary to our meeting.

In addition, it was also fantastic to welcome Keith Ryall to our meeting, to talk about the great work the Peter Ryall Trust has done and continues to do right through the greater Bendigo area.

I would like to thank and highlight the great work of all Directors and their subcommittee members for their participation and constructive contributions to all the Zoom meetings held in the past few weeks. The final subcommittee to meet was Finance and that meeting was held last night. A board meeting on zoom will be held this week and there will be much to digest.

The regular Goldfields Cluster President's Zoom Meeting, held on Sunday, gave me a good snapshot of what was happening around other clubs in our area. Most are operating in a similar way to us with Zoom meetings and regular newsletters as well as phone call support. The District is looking for assistance with Vocational Services and Mary Barry, the District Vocational Services Chair, is seeking a Club Champion to advocate in this area. If any member is interested in this you can contact me or the district website for Mary's contact details.

Have a great week and stay safe in these challenging times.

Yours in Rotary

PAUL GIBBONS

The Rotary Club of Bendigo South-"Connect to the Community"

PAUL GIBBONS PRESIDENT 20/21.





<u>Great Club Meeting last week – best attendance yet!</u>





The Program for August & September

AUGUST

20th August - Zoom Board Meeting

27th August - Zoom Meeting: Guest Speaker - Mayor City of Greater Bendigo - Cr Margaret O'Rourke

SEPTEMBER

3rd September - Sub Committees Via Zoom or teleconference 10th September - Zoom Meeting: Guest Speaker Smith Family Bendigo and possible Bairnsdale (confirmed) 17th September - Zoom Board Meeting 24th September - Zoom Meeting Steve Leed- East Loddon P12



Rotary Environmental Sustainability Committee

This Committee was formed in early 2019 with the key purpose of developing greater awareness of environmental sustainability solutions to restore ecosystems and contribute to a healthy environment. The committee supports clubs to identify new environmental sustainability projects and/or enhance existing ones.

[The orange-bellied parrot is on the brink of extinction with only 60 birds in existence.]

With the support of the <u>Environmental Sustainability Rotary Action Group</u> (ESRAG), the Committee has access to a range of resources to assist clubs to achieve successful projects in this area. A World Environment Day Handbook can be downloaded at https://www.esrag.org/esrag-unep-handbook. The handbook includes a selection of 11 green themes for club activities.

Why get involved?

Survey responses from Rotarians, Rotaractors and Alumni members showed the environment is one of the major concerns and in the top 3 causes that members wish to address. (Source: <u>YOUR VISION FOR ROTARY'S FUTURE: A Report of the 2017 Triennial Strategic Planning Survey</u>)

'... one way that we can listen to younger generations and make existing club membership more appealing to them is to focus more on the environment. Recent disasters — such as the bush fires in Australia — underscore the importance of taking strong action.'

In response to this groundswell, 'Supporting the Environment' was named as the 7th Area of focus at the recent Rotary International Virtual Convention, and environmental projects will now be eligible for grants in 2021. Announcement details: https://www.esrag.org/new-area-focus-announcement

Clubs that take up environmental programs have compelling pathways to volunteering and new membership, bringing new energy and future leadership, as well as revitalising existing membership and member retention.

Recycling Projects

Rotary Donations in Kind (DIK) is well-known in District 9800 as a volunteer-based recycling facility. The goods it distributes are destined for developing countries and disadvantaged individuals in the local community. They are distributed through Rotary club projects and the wider NGO network.

Rotary clubs can develop relationships with schools and corporates to donate furniture and equipment to DIK, as well as develop an international service project, based on donated goods available through the DIK Store.

Other existing recycling projects include club-managed Rotary Op. Shops that divert household items from landfill. These have the added benefit of supporting the disadvantaged and being an avenue for direct interaction with the community.

Environmental projects align well with the current Rotary theme – Rotary Opens Opportunities. With the announcement of the 7th Area of Focus, clubs have the support of the Committee for inspiration and resources to succeed

Cooking Classes for the Cooped Up- this week by Jennie Hughes



My recipe is Chicken Caesar Warm Salad

Bake 2 large chicken Kievs in oven until done then cut into big pieces,
Cut up in large chunks some Turkish Bread drizzle olive oil over and bake 10 mins
Pan fry bacon and cut up into large chunks
Poach 4 eggs until soft (2 mins)
Lay salad leaves mix on a platter
Top all other ingredients over salad as shown
Crumble over Feta cheese and chunks of avocado
In a jug mix store bought Caesar salad mix (half a cup) anchovies crushed garlic and teaspoon of olive oil

Drizzle all over, pour a glass of red wine and enjoy!

mix stir with a fork

Quote for the Week

"I have no hesitation in saying that world peace could be achieved and made permanent if reared on Rotary's firm foundation of friendliness, tolerance and usefulness."

Message to 1940 RI Convention, Havana, Cuba

Paul Harris, Founder of Rotary International

THE FOUR WAY TEST

- Is it the TRUTH
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned

THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service; SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life; FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

CLUSTER CLUB MEETING TIMES

DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUBS

RC KANGAROO FLAT: Monday 6pm, Rotary Gateway Park

RC BENDIGO: Tuesday 12:45pm, Bendigo Club, Park Street, Kennington.

RC ECHUCA MOAMA: Tuesday 6pm, Moama Bowling Club, Shaw Street, Moama.

RC BENDIGO SANDHURST: Wednesday 7.30am, Bridge Hotel, Water Street.

RC EAGLEHAWK: Wednesday 6pm, Mechanics Institute

RC ROCHESTER: Thursday 6pm, The Court House building, Moore Street (Opp. G. Nelson Motors).

WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT: Mark Maloney RI DISTRICT 9800 GOVERNOR: Philip Archer ASS'T GOVERNOR (Goldfields South): Graeme Lynas

CLUB PRESIDENT: Paul Gibbons SECRETARY: Tony Plant

TREASURER: Andrew Palmer YOUTH SERVICES DIRECTOR: Kay McLaughlin INTERNATIONAL SERVICE DIRECTOR: Heather Nixon

COMMUNITY SERVICE DIRECTOR: Merlyn Quaife
MEMBERSHIP DIRECTOR: Sue Duncan
CLUB SERVICE DIRECTOR: Rod Spitty
CLUB PROTECTION OFFICER: Geoff McKinna
ROTARY FOUNDATION CHAIR: Glenn Madden
CLUB COMMUNICATIONS: Matthew Scott

NEWSLETTER EDITOR: Sue Duncan