

# *Rotary Club of Bendigo South*

# **SIGNPOST**

**Volume 64, No. 46, 18<sup>th</sup> May 2023**

Meets Thursdays at 6pm for 6.30pm at the Lakeview Hotel (TBC weekly)

**IMAGINE ROTARY**



[bendigosouthrotary.org.au](http://bendigosouthrotary.org.au)

<http://www.twitter.com/RotaryBendigoS>

## **President's Report**

We had a most interesting talk from guest speaker Lucy Mayes at our last Meeting. Lucy is a person of great passion and commitment for everything she tackles. She talked about her Rotary connections: an exchange student to Denmark, running RYLA for District 9800 for many years and her resulting Paul Harris Fellow. Lucy talked about her RYLA experience and the power of the shared story. She initially trained and worked as a lawyer, but ultimately felt her life was out of balance and being a lawyer didn't sit well with her – so she retrained in social work. Lucy has so many things she could talk about, from her being Project Manager for the Loddon Murray Community Leadership Program to her current role with the Hush Foundation – she could easily present to our Club again! All this aside, she is also the author of a book about burnout in the Medical Profession titled 'Beyond the Stethoscope'. I heard her discuss her book at the Bendigo Writers' Festival some years ago when the book was first published. Being married to a Castlemaine GP, Lucy was well aware of the issues GPs face and felt compelled to research and present some of their stories. We welcomed guests David Burkitt (previous guest speaker) and Olive Hughes.

BBQs are happening plus the Highway Clean-up – all good cold weather activities! If you plan on attending the Meeting on June 1, this will be a fun night. Details are in the body of the Signpost.

You should also have received your invitation to the Club Changeover on June 22.

Rug up and stay warm!

**Merlyn Quaife AM**



## MAY/JUNE PROGRAM

Thurs 25 <sup>th</sup> May	Lake View Hotel Guest Speaker via Zoom Ash Griffith – Manger Advancement LaTrobe Uni Cameron Lee - LaTrobe Uni Scholarships recipient Chair: Rod Spitty
Thurs 1 <sup>st</sup> June	Lake View Hotel Social fun night – more details to follow Chair: Tony Plant
Thurs 8 <sup>th</sup> June	Lake View Hotel Guest Speaker – Ivan Honey “Get Happier Project” Chair: Greg Penno.
Thurs 15 <sup>th</sup> June	Lake View Hotel The Year in Review Chair: Merlyn Quaife Followed by Change Over Board Meeting
Thurs 22 <sup>nd</sup> June	Shamrock Hotel Changeover Dinner
Thurs 29 <sup>th</sup> June	Lake View Hotel The Year Ahead Chair: Rod Spitty



**THIS WEEKS GUEST SPEAKER – ASHA GRIFFITH**

Asha is the Manager, Advancement at La Trobe University. She works with alumni, individual philanthropists, community groups and other partners to provide much-needed support for students, research, and community outreach programming at La Trobe.



**Guest speaker Lucy Mayes**



**Rotary**  
Bendigo South Inc.



**BBQ at Bendigo South East College**



## **ROADSIDE CLEANUP**

We conducted the roadside cleanup last Sunday & as you can see from the photo we picked up a lot of rubbish. There were 12 volunteers which was made up of 10 Club members, Kathy Noonan & a friend of Greg & Kathy Noonan. I would like to thank everyone who gave their time to assist with this project as that is not an easy or pleasant task.



**Rotary**  
**District 9800**



## **THE FOUR WAY TEST**

- Is it the TRUTH
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned

## **THE OBJECT OF ROTARY**

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional

## WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT:	Jennifer Jones
RI DISTRICT 9800 GOVERNOR:	Amanda Wendt

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CLUB PRESIDENT	Merlyn Quaife AM
SECRETARY	Paul Gibbons
TREASURER	Greg Noonan
YOUTH SERVICES DIRECTOR	Mark Tracy
INTERNATIONAL SERVICE DIRECTOR	Lindsay Jolley
COMMUNITY SERVICE DIRECTOR	Emily Mudge
MEMBERSHIP & MARKETING DIRECTOR	Tony Plant
CLUB SERVICE DIRECTOR	Rod Spitty
CLUB PROTECTION OFFICER	Geoff McKinna
ROTARY FOUNDATION CHAIR	Susan Ducan
FUND-RAISING and FINANCE	Gary Pinner
CLUB COMMUNICATIONS	Matthew Scott
NEWSLETTER EDITOR	Zoe Pocock

## CLUSTER CLUB MEETING TIMES

### *DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUBS*

RC KANGAROO FLAT: Monday 6pm, Rotary Gateway Park

Secretary - Geoff Wakefield 0408510218

RC BENDIGO: Tuesday 12:45pm, Bendigo Club, Park Street, Kennington.

Secretary: Danielle Ioniescu – 5444 0190 [secretary@rotarybendigo.org.au](mailto:secretary@rotarybendigo.org.au)

RC ECHUCA MOAMA: Last Tuesday of month - 6 for 6:30pm, Rotary Community Park, Rose Street, Echuca.

RC BENDIGO SANDHURST: Wednesday 7.30am, New Meeting Venue to be advised.

Secretary: John Harkin – 0409957000

RC EAGLEHAWK: Wednesday 6pm, Mechanics Institute

Contact on 0428468298

RC ROCHESTER: Thursday 6pm, The Court House building, Moore Street (Opp. G. Nelson Motors)

Contact - Heather Watson on 0439842177

RC CASTLEMAINE: Wednesday 6:30pm, The Cumberland Hotel

Secretary - Lyndal McClure 044339116