

Rotary Club of Bendigo South **SIGNPOST**

Volume 64, No. 27, 2nd January 2023

Meets Thursdays at 6pm for 6.30pm at the Lakeview Hotel (TBC weekly)

IMAGINE ROTARY



bendigosouthrotary.org.au

<http://www.twitter.com/RotaryBendigoS>

President's Report

Happy 2023! I hope you had an enjoyable Christmas. I had a great Christmas and then – Covid!!! I'd avoided it for almost three years, grrrr. Back -ve again thank goodness. Gary Pinner had a short holiday in hospital thanks to a mild heart attack. I am happy to report he's home and taking things quietly.

Our first team assisted at the Foodshare Christmas Pantry with food rescue and distribution. The second one approaches on January 5. Many thanks to those Club Members who put up their hands to assist.

Our first get together is at the home of Betty and Tony Plant – you should have had an email from Tony with the details. Following this we have a varied program planned. Don't forget the International Conference happening in Melbourne. It would be nice to have a few more Members attending.

See you soon!

Merlyn Quaife AM



JANUARY PROGRAM

Thurs 12th January

Tony and Betty Plant's house
Welcome to a new Rotary Year
From 6pm with buffet dinner served at 7pm
Please see attachment for more details

Meet the DG

February 4 the Goldfields Cluster will be doing the postponed 'For A Meal' food packaging event and the DG will be coming to assist and meet us all.

Keep the date so we can have a goodly number of Volunteers assisting. Details to follow.

Salvation Army Christmas Lunch

I had the wonderful privilege of being one of the many volunteers assisting the Salvation Army to serve Christmas lunch to approx. 140 people on Christmas day at the Salvation Army church. Andrew from the Salvation Army advised us a family from the community volunteers every year to come and set up and decorate the tables. And every table looked absolutely beautiful.

Each volunteer was then allocated a table to look after. We all gathered together in the front foyer of the church waiting expectantly for our special guests. As each guest arrived they were escorted to their seat by their table Host (volunteers). The oldest person on my table was 98.

Our guests enjoyed a three course meal which included entrée, main course and deserts. Everyone attending the Christmas lunch was given a present.

Once the festivities were over we saw our guests safely to their buses. Every volunteer then pitched in to clean up and put away tables and chairs.

The Salvation Army does such amazing work in the community. What would we do without them!!

That wonderful verse "It is more blessed to give than to receive" has so much truth in it. And serving other brings such joy and satisfaction to our own lives.

A great big thankyou to Margaret who suggested that I volunteer with the Salvation Army on Christmas day. Thankyou Margaret. I had a wonderful and memorable day.

Regards Jan Pagliaro



Rotary work in the Ukraine

As reported in the Age newspaper on 30 December, 22 "Almost one in three Ukrainians have been forced from their homes since February 24 according to United Nations High Commissioner for Refugees".

"The housing project in Irpin was led by the Rotary Club of Kyiv whose members gave up their usual work to do the renovation".

Unfortunately there has always been a role in the world community for Rotary and unfortunately there is still a role in our modern enlightened world.

Thank You

Annie North would like to thank all our supporters for your help and services over the last year.

While COVID-19 has continued to make our lives difficult, we continue to show our capability as a community to support each other .

We are proud to say that we at Annie North maintained our high standards of service providing support to women and children fleeing from domestic and/or family violence. This would not have been achieved without the continued support of our community in areas such as fundraising, donations, volunteer work and the continued quality of services and goods from our suppliers.

From all of us at Annie North, thank you, and we hope the end of the year finds you healthy and safe.

We wish you all a wonderful 2023



The World's six best doctors

Steve Jobs was the co-founder, Chairman and CEO of Apple Corporation. He died a billionaire (\$10.2b) in 2011, aged 56, after losing his battle with Pancreatic Cancer. He posted the following observation just prior to his death. Very profound and a realization that only became obvious when he was confronted with his certain demise. This is his final essay.....

"I reached the pinnacle of success in the business world. In some others' eyes, my life is the epitome of success. However, aside from work, I have little joy. In the end, my wealth is only a fact of life that I am accustomed to. At this moment, lying on my bed and recalling my life, I realize that all the recognition and wealth that I took so much pride in have paled and become meaningless in the face of my death.

You can employ someone to drive the car for you, make money for you but you cannot have someone bear your sickness for you. Material things lost can be found or replaced. But there is one thing that can never be found when it's lost - Life. Whichever stage in life you are in right now, with time, you will face the day when the curtain comes down. Treasure love for your family, love for your spouse, love for your friends. Treat yourself well and cherish others. As we grow older, and hopefully wiser, we realize that a \$300 or a \$30 watch both tell the same time. You will realize that your true inner happiness does not come from the material things of this world. Whether you fly first class or economy, if the plane goes down - you go down with it.

Therefore, I hope you realize, when you have mates, buddies and old friends, brothers and sisters, who you chat with, laugh with, talk with, have sing songs with, talk about north-south-east-west or heaven and earth, that is true happiness! Don't educate your children to be rich. Educate them to be happy. So when they grow up they will know the value of things and not the price. Eat your food as your medicine, otherwise you have to eat medicine as your food. There is a big difference between a human being and being human. Only a few really understand it. You are loved when you are born. You will be loved when you die. In between, you have to manage!

The six best doctors in the world are sunlight, rest, exercise, diet, self-confidence and **friends**. Maintain them in all stages and enjoy a healthy life.



Get ready to Imagine What's Next with Rotary!

Rotary members like you are taking action and creating meaningful change in communities worldwide.

At past conventions, you've seen what we can accomplish when we come together and share our passion for Doing Good in the World. We're excited to keep the momentum going in 2023. **Join us in the beautiful city of Melbourne, Australia, 27-31 May** to connect with other people of action. We'll hear from great speakers, enjoy fantastic entertainment, take part in inspirational breakout sessions, and so much more.

Register today to receive the reduced rate. Don't wait, because **this rate expires on 15 December.**

[Register Today](https://convention.rotary.org)

Rotary

District 9800



THE FOUR WAY TEST

- Is it the TRUTH
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned

THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional



**SERVE TO
CHANGE LIVES**

WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT:
RI DISTRICT 9800 GOVERNOR:

Jennifer Jones
Amanda Wendt

CLUB PRESIDENT
SECRETARY
TREASURER
YOUTH SERVICES DIRECTOR
INTERNATIONAL SERVICE DIRECTOR
COMMUNITY SERVICE DIRECTOR
MEMBERSHIP & MARKETING DIRECTOR
CLUB SERVICE DIRECTOR
CLUB PROTECTION OFFICER
ROTARY FOUNDATION CHAIR
FUND-RAISING and FINANCE
CLUB COMMUNICATIONS
NEWSLETTER EDITOR

Merlyn Quaife AM
Paul Gibbons
Greg Noonan
Mark Tracy
Lindsay Jolley
Emily Mudge
Tony Plant
Rod Spitty
Geoff McKinna
Susan Ducan
Gary Pinner
Matthew Scott
Zoe Pocock

CLUSTER CLUB MEETING TIMES

DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUBS

RC KANGAROO FLAT: Monday 6pm, Rotary Gateway Park

Secretary - Geoff Wakefield 0408510218

RC BENDIGO: Tuesday 12:45pm, Bendigo Club, Park Street, Kennington.

Secretary: Danielle Ioniescu – 5444 0190 secretary@rotarybendigo.org.au

RC ECHUCA MOAMA: Last Tuesday of month - 6 for 6:30pm, Rotary Community Park, Rose Street, Echuca.

RC BENDIGO SANDHURST: Wednesday 7am for 7.30am start, Fosterville Gold Tennis Centre, Nolan St Bendigo
Secretary: John Harkin – 0409957000

RC EAGLEHAWK: Wednesday 6pm, Mechanics Institute

Contact on 0428468298

RC ROCHESTER: Thursday 6pm, The Court House building, Moore Street (Opp. G. Nelson Motors)

Contact - Heather Watson on 0439842177

RC CASTLEMAINE: Wednesday 6:30pm, The Cumberland Hotel

Secretary - Lyndal McClure 044339116