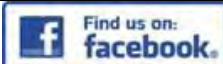




SIGNPOST

Volume 66, No. 44, 22 May 2025

We meet Thursdays at 6pm for 6.30pm at the Lakeview Hotel, McRae Street (TBC weekly)



www.bendigosouthrotary.org.au

www.twitter.com/RotaryBendigoS

Rotary Club of Bendigo South
PO Box 346, Bendigo, VIC 3552

Email: secretary@bendigosouthrotary.org.au

President's Report

Last week we visited the Kieser Gym in Williamson St. We very quickly realized this was no gym. Harry Bruford took us through the process of evaluation, determining the best course of action, setting up the equipment, training and use under supervision. They have a team of Exercise Physiologists and Physiotherapists. It is an Allied Health facility that treats ailments by building up Strength. Harry and his team took us around the facility to show us some of the specialised machines. Very controlled and building up in small steps.

After this visit most of us headed back to the Lakeview for a meal, accompanied by Harry who was able to answer more questions.

Tony spoke about the working bee at Annie North. However, their requirements have made it very difficult for anyone who has not been fully cleared to participate, which is a bit of a pity.

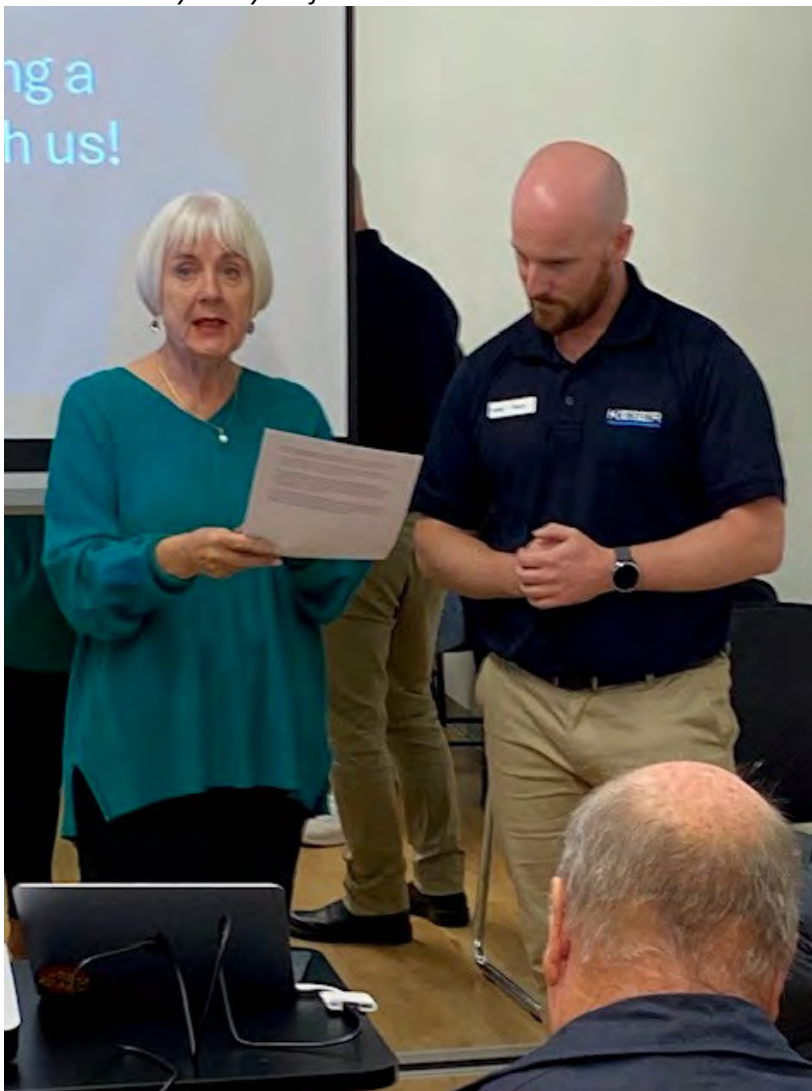
Glenis Pitson has given the club an incredibly generous donation of \$1,000 to be spent on a project at Camp Getaway. She has wonderful memories of the camp in her younger days. We will be keeping Glenis informed as to what this money is going toward. We have our own Ken Briggs Memorial Garden project and the RC Bendigo are building a new games room as part of their 100 year's celebration.

Don't forget our handover is on **Wednesday** 18th June at the RSL. We can't have it on Thursdays as it is their member night each week.

Yours in Rotary
Peter Kilpatrick
President



Presentation by Harry Bruford









Bendigo Winter Night Shelter – Volunteer opportunity #1

Community Service Director Greg Noonan has been liaising with the Bendigo Winter Night Shelter management following their presentation to a club meeting, regarding assistance that our club could provide. At the May Board Meeting a request from Bendigo Winter Night Shelter was tabled, and the board agreed it was a worthy local project to support.

The request requires one volunteer to pick up and deliver laundry to and from Koolamurt Scout Camp on Spring Gully Road and Bendigo Dry Cleaners in Lyttleton Terrace. The request is for the month of July 2025 only, and can be shared among interested volunteers. Times are flexible every Tuesday and Friday. George will coordinate volunteers in the usual way, and the pick up and drop off arrangements will be provided to the volunteers when confirmed.

Please support this valuable community service project when Geoge calls for volunteers.

Greg Noonan / Gary Pinner

Bendigo Winter Night Shelter – Volunteer opportunity #2

A working bee to cut firewood, which we are donating to the Bendigo Winter Night Shelter Project, is scheduled for Saturday 24 May 2025 at 9:00am. It is hoped that we will cut sufficient firewood on that day. However, if we require more time we could meet again at the same time the following morning or the same time the following Saturday 31 May 2025.

If you are able to assist on all or any of the days, please let me know by return email by Wednesday 21 May 2025.

Kind Regards

PP Wayne W Smith (RC Bendigo)

Chairman Rotary Youth Camp Inc/Camp Getaway (D9800)

M: 0419 005 702 - E: chartall@bigpond.com

Member activities this week

Beyond Blue Car Rally Breakfast



MAY THEME: YOUTH SERVICE				
Meeting Date	Speakers	Chairperson	Meet and greet	Venue
Thurs 29 May	Glenda Serpell, Sunshine Bendigo-	Greg Penno	Maureen/Trevor	Lake View Hotel
Wed 18 June	Club Changeover Dinner	Peter Kilpatrick		Bendigo RSL

Catering bookings		
Fri 23 May	Beyond Blue Car Rally Breakfast	6.30am – 8.30 am 3 volunteers.
Wed 28 May	Reconciliation Week Bendigo TAFE City Campus	11am – 2pm. 3 volunteers
Fri 11 July	NAIDOC Week Bendigo TAFE City Campus	11am – 2.30pm. . 3 volunteers



THE FOUR WAY TEST
Is it the TRUTH
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to all concerned

THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT	Stephanie Urchick
DISTRICT 9800 GOVERNOR	Michael Lapina
DISTRICT 9800 COMMUNITY GROUP 5 LEADER	Alison Bacon

CLUB PRESIDENT	Peter Kilpatrick
SECRETARY	Bernie Young
TREASURER	Heather Nixon
YOUTH SERVICES DIRECTOR	Greg Penno
INTERNATIONAL SERVICE DIRECTOR and PRESIDENT ELECT	Lindsay Jolley
COMMUNITY SERVICE DIRECTOR	Greg Noonan
MEMBERSHIP DIRECTOR	Jan Pagliaro
CLUB SERVICE & COMMUNICATIONS DIRECTOR	Tony Plant
CLUB PROTECTION OFFICER	Geoff McKinna
FOUNDATION DIRECTOR and IMMEDIATE PAST PRESIDENT	Rod Spitty
FUND-RAISING and FINANCE DIRECTOR	Gary Pinner
VOCATIONS DIRECTOR	Rod Spitty
NEWSLETTER EDITOR	Shireen Yeoh

D9800 Goldfields Cluster Club Meeting Times

RC KANGAROO FLAT: Monday 6pm, Rotary Gateway Park

Secretary - Geoff Wakefield: 0407 561 997

RC BENDIGO: Tuesday 12:45pm, Bendigo Club, Park Street, Kennington

Secretary: Daniela Ionescu – d.ionescu@latrobe.edu.au

RC ECHUCA MOAMA: 1st, 2nd and 3rd Tuesdays of month - 6 for 6:30pm,
Rotary Park Clubrooms, Rose Street, Echuca

RC BENDIGO SANDHURST: Wednesday 7am for 7.30am start,

Peppergreen Farm, 40 Thunder Street, North Bendigo

Secretary: John Harkin – 0409 957 000

RC EAGLEHAWK: Wednesday 6pm, Mechanics Institute

Contact 0428 468 298

RC ROCHESTER:

Thursday 6.15pm for 6:30pm, The Rochester Hotel.

RC CASTLEMAINE: Wednesday 6:30pm, The Cumberland Hotel

Secretary - Lyndal McClure: 0438 391 160

INNER WHEEL CLUB of BENDIGO: 11.15am, 2nd Tuesday of the month,
Mechanics Institute, Long Gully.

Bernadette: 0407051722