



# SIGNPOST

**Volume 66, No. 6, 1 August 2024**  
*We meet Thursdays at 6pm for 6.30pm at the Lakeview Hotel, McRae Street (TBC weekly)*



[bendigosouthrotary.org.au](http://bendigosouthrotary.org.au)

<http://www.twitter.com/RotaryBendigoS>

*No meeting next Thursday (8 August 2024) due to Science and Engineering Challenge at Girton Grammar School Stadium.*

### President's Report

Rod Flavell spoke at our last meeting. This was in place of Aviv Palti, who was unable to make our meeting at the last moment. A big thank you to Tony for organising Rod so quickly.

Rod is a Maubisse Friendship Committee member, however, he was here to talk about the Suicide Prevention and Awareness Network (SPAN).

In the past, suicide was never talked about whereas now, it is discussed openly. The annual walk attracted 800 pre Covid and it is hoped to build up again. It is more a memorial with the Butterfly Net used to acknowledge loved ones. There are 3,500 suicides each year in Australia, which is higher than the national road toll. The ratio is 7 males to every 2 females.

SPAN facilitates safe talk, which allows people to be briefed by Mental Health professionals on how to pick up the signs of someone not travelling well; and what to say. SPAN is more about the little things such as crisis cards for students and the "Blue Tree" at Lake Neanga.

The Science and Engineering Challenge is next Thursday. About 20 members are organised to help out, but if anyone else would like to come down to help pack up, it would be greatly appreciated. Just come to the Girton Gym in Vine St, next door to Repco at 2pm. Remember, NO MEETING next Thursday 8<sup>th</sup>.

George has sent out an email regarding BBQ's. If you have not received anything, please email George on his new email address [george\\_ellis55@outlook.com](mailto:george_ellis55@outlook.com). This should stop his emails going into your spam folder.

Yours in Rotary  
Peter Kilpatrick  
President

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**A Visit to Donations In Kind  
Saturday, 10<sup>th</sup> August.**

The Rochester bus has been organized with a driver to transport those wanting to go to the DIK open day on Saturday, August 10.

At this stage we have some members from the Rochester, Bendigo Sandhurst and Bendigo South attending.

Cost for the day is \$20 p.p, covering the bus hire and lunch at DIK.

We still have some spare seats if anyone wants to join us. Partners and friends are most welcome.

Departure venue and times still to be determined.

Tony Plant

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**Lessons in Disaster Training  
Invitation to register**

To all members or interested persons known to members: please register now for the LESSONS IN DISASTER TRAINING using the link in the attached Invitation.

**Location:** California Gully Mechanics Institute Hall  
8-12 school street, California Gully Vic 3556

**Date & Time:** Sunday 18 August; 9.30am to 4.30pm

Tony Plant

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**Rotary's International Work**

Do you have an interest in Rotary's international work?  
Do you want to join the Club's International Committee?  
Please let me know. I am currently caravanning up north.

Lindsay Jolley

0416192032 / [lj@joll.net](mailto:lj@joll.net)

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**Mobile phone collection**

Don't forget to hunt up any old mobile phones to donate to DV Safe Phone. Our Collection Box is in the Library. Old phones can be deposited there or brought to me at Club Meetings.

Check out the website for details of clearing phones ready for donation on <https://dvsafephone.org/donate-phones>. Phones are distributed to victims of domestic violence via police, agencies, refuges etc after being checked and made fully serviceable.

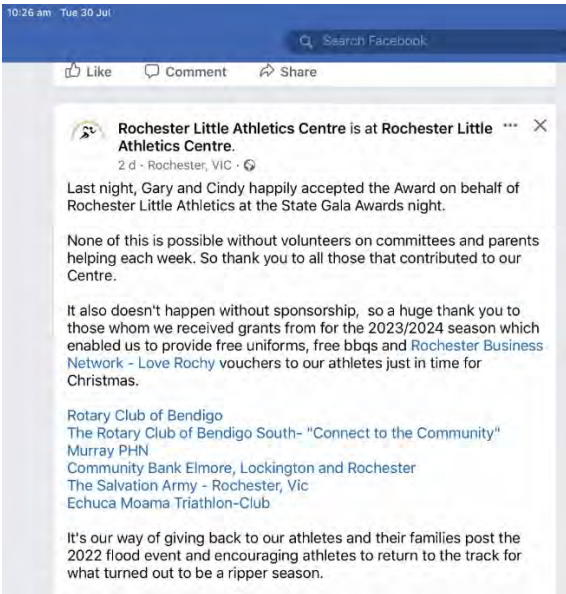
Merlyn Quaife

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*Photos of the fridge our club donated to the new Foodshare premises in Breen St.  
Merlyn Quaife*

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*We gave the Rochester Little Athletics \$4500.00 raised by the Rotary Christmas Market.  
Lyn Comer*

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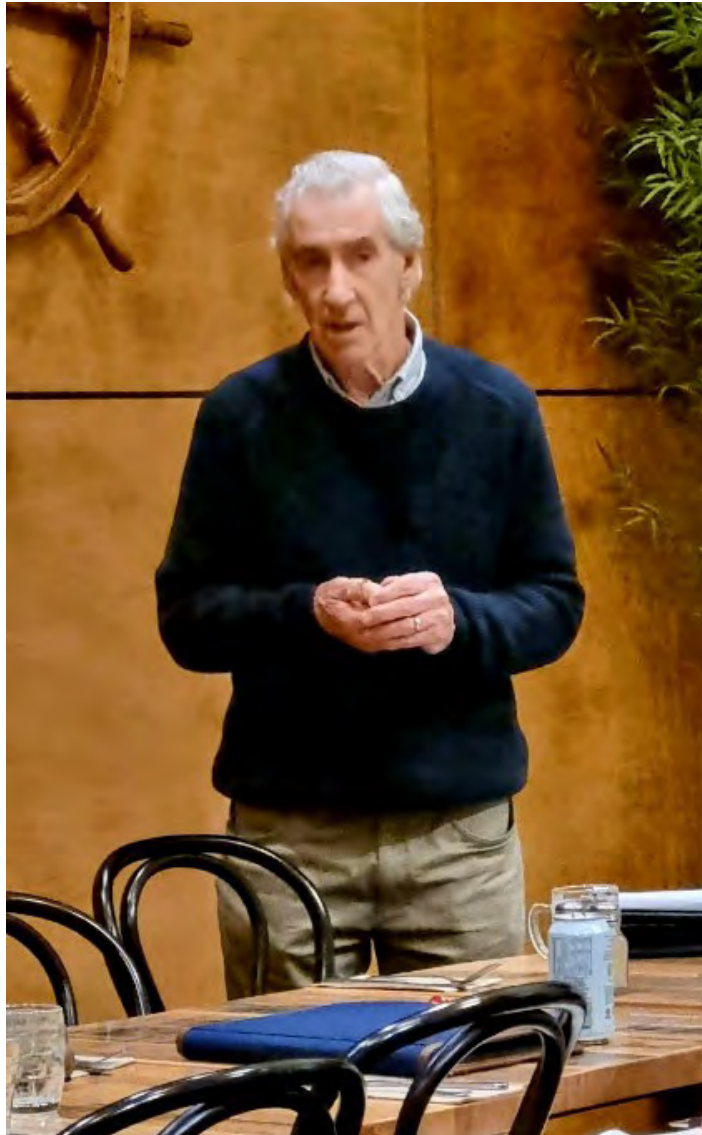
**Photos from members who are travelling**



*Me at the amazing Roma Saleyards(biggest in Southern Hemisphere) , then our backdrop at Carnarvon Gorge – 360 degree views! Amazing!  
Then the continuous battle is Sequence. Just left Roma for St George.  
Susan Duncan*

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Photos from this week



*This week's guest speaker, Rod Flavell speaking to us about SPAN (Suicide Prevention Awareness network)*





*Tony Plant, Gary Pinner, Paul Gibbons and Bernard Young assisted Bendigo Senior Secondary School by providing tables for the biennial Central Victoria Indigenous Students Careers Expo at Ulumbarra Theatre on Friday (2 Aug)*





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**Greet & Meet  
(See roster below)**

Duties of Greet and Meet monitors as follows.

Arrive by 6 pm.

Be there to welcome members as they arrive, distribute name badges and put up the door banner if it is available. Also make sure the guest speaker is looked after.

Two persons will be rostered on each meeting. If unable to take your turn check with the other person if they are going to be attending. If so that person goes it on their own. If both are unable to be there try to arrange a swap with another member. If all else fails let Tony know and he will either take the turn or find a replacement.

All members need to keep reading the roster for each month as this is the only formal notification.

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August theme - Membership and New Club Development Month				
Meeting Date	Speakers	Chairperson	Greet and Meet	Venue
Thurs 8 Aug	Science and Engineering Challenge	Rod Spitty	N/A	Girton Grammar
Thurs 15 Aug	Blaze Aid-Debbie Butler	Bob Simpson	Greg Penno/Paul Sherwood	Lake View
Thurs 22 Aug	Inter club-Roles of and sub committees plans for the Rotary Year.	Peter Kilpatrick	Paul G/Margaret	Lake View
Thurs 29 Aug	Arena Theatre-Debra	Merlyn Quaife	Philip/Heather	Lake View
September theme - Basic Education and Literacy Month				
Thurs 5 Sept	Footy theme and Pie Night-South Bendigo FC	George Ellis	N/A	Harry Trot Oval
Thurs 12 Sept	University Scholarship Winners Health Sci/Engineering	Greg Penno	Rod/Paul S	Lake View

**THE FOUR WAY TEST**  
 Is it the TRUTH  
 Is it FAIR to all concerned?  
 Will it build GOODWILL and BETTER FRIENDSHIPS?  
 Will it be BENEFICIAL to all concerned

### **THE OBJECT OF ROTARY**

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



### WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT	Stephanie Urchick
DISTRICT 9800 GOVERNOR	Michael Lapina
DISTRICT 9800 COMMUNITY GROUP 5 LEADER	Alison Bacon
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CLUB PRESIDENT	Peter Kilpatrick
SECRETARY	Bernie Young
TREASURER	Heather Nixon
YOUTH SERVICES DIRECTOR	Greg Penno
INTERNATIONAL SERVICE DIRECTOR and PRESIDENT ELECT	Lindsay Jolley
COMMUNITY SERVICE DIRECTOR	Greg Noonan
MEMBERSHIP DIRECTOR	Jan Pagliaro
CLUB SERVICE & COMMUNICATIONS DIRECTOR	Tony Plant
CLUB PROTECTION OFFICER	Geoff McKinna
FOUNDATION DIRECTOR and IMMEDIATE PAST PRESIDENT	Rod Spitty
FUND-RAISING and FINANCE DIRECTOR	Gary Pinner
VOCATIONS DIRECTOR	Rod Spitty
NEWSLETTER EDITOR	Shireen Yeoh

### D9800 Goldfields Cluster Club Meeting Times

**RC KANGAROO FLAT:** Monday 6pm, Rotary Gateway Park  
Secretary - Geoff Wakefield: 0407 561 997

**RC BENDIGO:** Tuesday 12:45pm, Bendigo Club, Park Street, Kennington  
Secretary: Kaye Lehmann – [kaye.l.lehmann@gmail.com](mailto:kaye.l.lehmann@gmail.com) ; 0418 355 253

**RC ECHUCA MOAMA:** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Tuesdays of month - 6 for 6:30pm,  
Rotary Park Clubrooms, Rose Street, Echuca

**RC BENDIGO SANDHURST:** Wednesday 7am for 7.30am start,  
Peppergreen Farm, 40 Thunder Street, North Bendigo  
Secretary: John Harkin – 0409 957 000

**RC EAGLEHAWK:** Wednesday 6pm, Mechanics Institute  
Contact on 0428 468 298

**RC ROCHESTER:**  
Thursday 6.15pm for 6:30pm, The Rochester Hotel.

**RC CASTLEMAINE:** Wednesday 6:30pm, The Cumberland Hotel  
Secretary - Lyndal McClure: 0438 391 160