

# SIGNPOST

## Volume 65, No. 12, 7 Sept 2023

We meet Thursdays at 6pm for 6.30pm at the Lakeview Hotel, McRae Street (TBC weekly)



bendigosouthrotary.org.au

http://www.twitter.com/RotaryBendigoS

#### PRESIDENT'S REPORT.

The Program for the last meeting was a joint Vocational Visit with Sandhurst Rotary Club to the Health Science Wing at La Trobe University. The presentations from Head of Campus, Head of Nursing and Head of Community Partnerships were first class and extremely interesting and appreciated by all in attendance.

Three major points emerged.

- The facilities and recent additions at Latrobe University are amongst the best in the country.
- Some 87% of Graduates get their first job in Regional Australia.
- La Trobe University wishes to further develop Community Partnerships with the community. industry and business.

The Rotary Year is flying and Christmas and the end of the year seems to be coming quickly.

October is End Polio month along with the Welsh Choir/Merlyn Quaife concert on the 29th October. Our Club has offered to host a Regional Walk for the District on Sunday the 22nd October at Lake Weeroona. This is being finalised with the District and the City of Greater Bendigo with full details being presented to the Club and Cluster Clubs over the next week.

This meeting our Guest Speaker is Jenna Sing - Bendigo Health Cancer Wellness Coordinator (See Bio) from the Gobbe Wellness Centre designed and operated as a welcoming retreat for Cancer Patients and Carers. This should be an interesting presentation as cancer affects all of us.

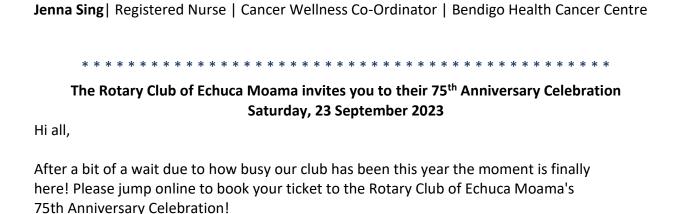
See you this Thursday.

Yours in Rotary,

Rod Spitty President.

## Upcoming Presentation by Jenna Sing on Thursday, 14 Sept 2023

Jenna Sing is Bendigo Health's Cancer Wellness Coordinator. She is also an oncology nurse and has worked at Bendigo Health for over 13 years. Jenna created Bendigo Heath's very own Cancer Wellness Program which supports cancer patients of the Loddon Mallee Region with their supportive care needs during a cancer diagnosis.



All details are in the attachment. Members, please note the slight change to the program.

We can't wait to share this day with all of you.

Regards,
Rob Foran
President 2023-24 | Rotary Club of Echuca Moama | PO Box 199 Echuca VIC 3564
Assistant Governor Goldfields South 2022-24 | District 9800
rob.foran@echucarotary.org | 0403 884 334 | echucarotary.org

## Save the date!!! - Sunday, 29 October 2023, 2pm

What better way to spend a Sunday afternoon, than at Bendigo's Ulumbarra Theatre listening to fantastic music in good company!

Raising money for the Ulumbarra Theatre Foundation and the Bendigo Senior Secondary College Musical Scholarship, Merlyn Quaife presents a selection of musical pieces in conjunction with the Victorian Welsh Choir.

The Club has reserved seating for club members and their guest for the concert. Contact Tony Plant (0408 590 589) to secure your tickets and make a payment of \$49 per ticket to the club account.

## SWAP MEET - 10, 11 & 12 November 2023

## Change of newsletter editor

Shireen has assumed the role of newsletter editor. Any information to contribute to the newsletter, please email her at advisor3@migration-australia.com



# ANNUAL FUNDRAISING DINNER

Celebrate Grand Final week and hear from AFL Legend Shaun Hart while you support Sports Chaplaincy and enjoy great food & great company.

Date: Wed 27th September

Time: 7:00pm

Venue: Quality Hotel Lakeside (opposite Lake Weeroona)

Tickets: \$40 or \$330 (Table of 9)

"I would not be where I am today without the incredible support of our footy club chaplain, Dean Davis. To be honest, the trust he built was a key to surviving the most challenging time in my life. Every sports club, school and organisation needs a Chaplain."

## SHAUN HART

Tickets available from the venue or through TryBooking (link below)

https://www.trybooking.com/CKSAU

Sponsored by:







## Join us for World Polio Day

World Polio Day 2023 <u>Visit endpolio.org</u>



## 24 October is World Polio Day!

As **World Polio Day** approaches, we need your help to amplify our message about eradicating polio to protect the world's children from a devastating disease.

We have made tremendous progress since the Global Polio Eradication Initiative was launched:

- A 99.9% reduction in cases of illness caused by wild poliovirus
- 3 billion children immunized
- 125 countries where polio was endemic reduced to two Afghanistan and Pakistan — with the virus contained in just a few districts and provinces

But even just one case still represents one child's life forever changed by polio. That's why Rotary members must remain tenacious and keep our promise: We won't stop until we know that no child will ever again experience the paralyzing effects of polio.

Let's use World Polio Day to advocate for the support we need to make history by eradicating polio. Together, we end polio!

### Get involved

Take action this World Polio Day by hosting virtual and community events, creating fundraisers, and talking about the importance of polio eradication on social media.

### Plan

If you haven't started planning your World Polio Day action, now is the time! Visit the **World Polio Day Resources page** for tips and tools your club can use to help achieve a polio-free world.

Get World Polio Day resources

## Register

Register your club's participation in World Polio Day to show how you're taking action to eradicate polio. The districts that have the highest percentage of registered clubs by 24 October will receive a special video message from RI President R. Gordon R. McInally.

Register your club's action

#### **Fundraise**

Use Raise for Rotary to start a World Polio Day online fundraiser. All contributions will go to the PolioPlus Fund. The top Raise for Rotary World Polio Day 2023 fundraisers will be featured on My Rotary.

Start a fundraiser

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One Rotary Center, 1560 Sherman Ave., Evanston, IL 60201-3698, USA

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# This week in pics Joint visit with RC Bendigo Sandhurst to La Trobe Rural Health School, La Trobe University 6<sup>th</sup> September 2023



Presentation by Dr Byron Perrin, Associate Dean- Academic Partnerships for the La Trobe Rural Health School.



From left: Final Year Health Science Student, Dr Byron Perrin, Dr Julie Rudner-Campus Director



Display in the Anatomy Lecture Room



Adrian Schoo, Joint President of RC Bendigo Sandhurst, in the Anatomy Lecture Room

CLUB PROGRAM		
September theme: Basic Education and Literacy		
Sunday 3 Sept	BBQ – Run for Dad, Father's Day Run. 9am – 12pm.	Bgo Racecourse
Wed 6 Sept	La Trobe Uni Health Science visit and breakfast	La Trobe Uni
Thurs 7 Sept	No meeting in lieu of La Trobe Uni Industry visit	
Thurs 14 Sept	Bgo Health Cancer Gobbe Wellness Centre. Chair Rod Spitty	Lake View Hotel
Thurs 21 Sept	'The Kimberley Experience'. Chair and guest speaker: Merlyn Quaife. Followed by Board Meeting.	Lake View Hotel
Thurs 28 Sept	TBC	Lake View Hotel
October theme: Economic and Community Development		
Thurs 5 Oct	Maubisse film night. <b>No meeting.</b> Details to follow.	Star Cinema, Eaglehawk
Thurs 12 Oct	Quarterly reports. Chair: Rod Spitty.	Lake View Hotel
Thurs 19 Oct	Bendigo TAFE Trade Wing industry visit	Bendigo TAFE
Sun 22 Oct	Bendigo Walk for End Polio	
Thurs 26 Oct	TBC	Lake View Hotel
Sun 29 Oct	Victoria Welsh Choir with Merlyn Quaife AM concert	Ulumbarra Theatre

THE FOUR WAY TEST

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned

## **THE OBJECT OF ROTARY**

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service; SECOND.

High ethical standards in business and

professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

## WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT: Gordon McInally RI DISTRICT 9800 GOVERNOR: Ron Payne

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**CLUB PRESIDENT Rod Spitty SECRETARY Bernie Young Greg Noonan** TREASURER YOUTH SERVICES DIRECTOR **Paul Gibbons** INTERNATIONAL SERVICE DIRECTOR **Lindsay Jolley** COMMUNITY SERVICE DIRECTOR and IPP Merlyn Quaife AM MEMBERSHIP & COMMUNICATIONS DIRECTOR Matthew Scott CLUB SERVICE DIRECTOR and PRESIDENT ELECT Peter Kilpatrick **CLUB PROTECTION OFFICER** Geoff McKinna **FOUNDATION DIRECTOR Rod Spitty** FUND-RAISING and FINANCE DIRECTOR **Gary Pinner VOCATIONS DIRECTOR** Susan Ducan **NEWSLETTER EDITOR** Shireen Yeoh

## **D9800 Goldfields Cluster Club Meeting Times**

RC KANGAROO FLAT: Monday 6pm, Rotary Gateway Park

Secretary - Geoff Wakefield: 0407 561 997

**RC BENDIGO:** Tuesday 12:45pm, Bendigo Club, Park Street, Kennington Secretary: Kaye Lehmann: <a href="mailto:kaye.l.lehmann@gmail.com">kaye.l.lehmann@gmail.com</a> ;0418 355 253

RC ECHUCA MOAMA: 1st, 2nd and 3rd Tuesdays of month - 6 for 6:30pm, Rotary Park

Clubrooms, Rose Street, Echuca

RC BENDIGO SANDHURST: Wednesday 7am for 7.30am start, Peppergreen Farm,

40 Thunder Street, North Bendigo Secretary: John Harkin: 0409 957 000

RC EAGLEHAWK: Wednesday 6pm, Mechanics Institute

Contact on 0428 468 298

**RC ROCHESTER:** Thursday 6.15pm for 6:30pm, The Rochester Hotel.

Contact - Bryan: 0428 315 467

RC CASTLEMAINE: Wednesday 6:30pm, The Cumberland Hotel

Secretary - Lyndal McClure: 0438 391 160