

# *Rotary Club of Bendigo South* **SIGNPOST**

**Volume 64, No. 21, 3<sup>rd</sup> December, 2020**

Meets Thursdays at 6pm for 6.30pm at the Bendigo Tennis Centre (TBC)

## **Rotary Opens Opportunities**



[bendigosouthrotary.org.au](http://bendigosouthrotary.org.au)

<http://www.twitter.com/RotaryBendigoS>

### **PRESIDENT'S REPORT FOR SIGNPOST DECEMBER 3 2020.**

Greetings all.

Good news as we continued our face to face meetings at the Tennis Centre this week. It was great to see everybody once again and I look forward to seeing you all on Thursday evenings at our new venue over the next few weeks.

Speaking of which, details of our planned Christmas Function are in this edition of the Signpost. So far, an encouraging response has been received from members at our most recent meeting. Please check your calendars for **THURSDAY 17 DECEMBER, 2020** and be part of this traditional end to the year celebration by the Rotary Club.

I would again like to draw your attention to the Christmas Toy Appeal through the Uniting Church that gives support to large numbers of local families. Please consider being part of this effort, by donating through direct debit to the club account adding a note to that effect.

The Seed Project continues on and we hope to have some boxes to farm out for looking after in the next few weeks, so stay tuned for updates.

***Just a reminder that you have to let Secretary Tony know by email that you are attending each meeting each week by midday ON Wednesday please, this is important to keep our great new meeting venue operating efficiently.***

Yours in Rotary,  
**PAUL GIBBONS**  
The Rotary Club of Bendigo South-  
"Connect to the Community"



Rotary Club of Bendigo South Inc. –

**Members Club Meeting & AGM- Thursday December 10th**

**Venue:** Bendigo Tennis Centre Nolan Street Bendigo- ***DONT FORGET TO BOOK by Noon Wednesday!***

**Opening Time:** 6 pm to 6.30 pm

**Official Meeting Starting Time:** 6.30 pm

**Meeting Theme:** Bendigo Foodshare

**Guest Speaker:** Cathie Steele

**Chairperson** – Greg Noonan

**Cashiers:** Maureen Plant, & Geoff McKinna

**IMPORTANT MEETING NOTES:**

Please Note the following:

**1. Members must book in for this meeting by midday Wednesday Dec 2. Contact Tony by email to make a booking.**

2. Menu this week TBA with self- serve/tea coffee inc. Cost will be \$25 p.p.

3. Payment can be made prior online using BSB. 633000 Acc No. 103497236. Alternatively, Eftpos or cash payment on arrival prior to 6.30 pm.

**4. COVID RULES to be followed as outlined by venue staff.**

- Sign in on arrival
- Masks must be worn on entry and can be removed once seated when drinking and eating.
- When moving around the room masks should be worn.
- Social distancing to be observed at all times. *No shaking hands, hugging etc.*

5. As it is our first face to face meeting in many months at an unfamiliar venue with some COVID limits we will need to get used TO we all need to show patience and tolerance as we slowly re- establish workable processes.



## **Cathie Steele**

Cathie has had over 30 years experience as a physiotherapist and a health service manager, with a particular interest in service planning, quality and risk management. She held Adjunct Clinical Associate Professor positions at Monash and Melbourne Universities and has been a health service surveyor with the Australian Council on Health Care Standards.

After initiating and establishing the Australian Centre for Health Innovation at Alfred Health Cathie retired in 2012, but retains her interests in governance and entrepreneurial community development. She has held several Board positions, and has for the past 7 years has focused on leading the establishment of Bendigo Foodshare as a sustainable community owned, volunteer based food rescue and food relief organisation for the people of Central Victoria.

### **What Do We Do?**

We collect food that would otherwise go to waste and distribute it through charities, community organisations and schools throughout Central Victoria

### **This year we have...**

Rescued 636,000 kgs of food and distributed food for over 1.27 million nutritious meals through 90 charities, community groups and schools in Central Victoria

### **How can you help?**

**Volunteer**  
**You can donate your surplus food**  
**Make a cash donation**

Contact us on [5444 3409](tel:54443409)

Email: [admin@bendigofoodshare.org.au](mailto:admin@bendigofoodshare.org.au)

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## The Program for December

December 10<sup>th</sup> - Regular Dinner Meeting (Bendigo Tennis Centre)

December 17<sup>th</sup> - Christmas Function Bendigo Tennis Club

Format: informal outdoor gathering.

Two course Christmas Buffet including complimentary first drink on arrival.

Cost \$30 p.p. All members, partners and friends welcome.

Cashiers - Bernie Young, Jennie Hughes

We will commence collecting names of those attending for this Thursday's meeting. Final numbers required no later than Tuesday midday Dec 15.

Thursday January 7<sup>th</sup>, 2021 - Allies Road Welcome Back Function.

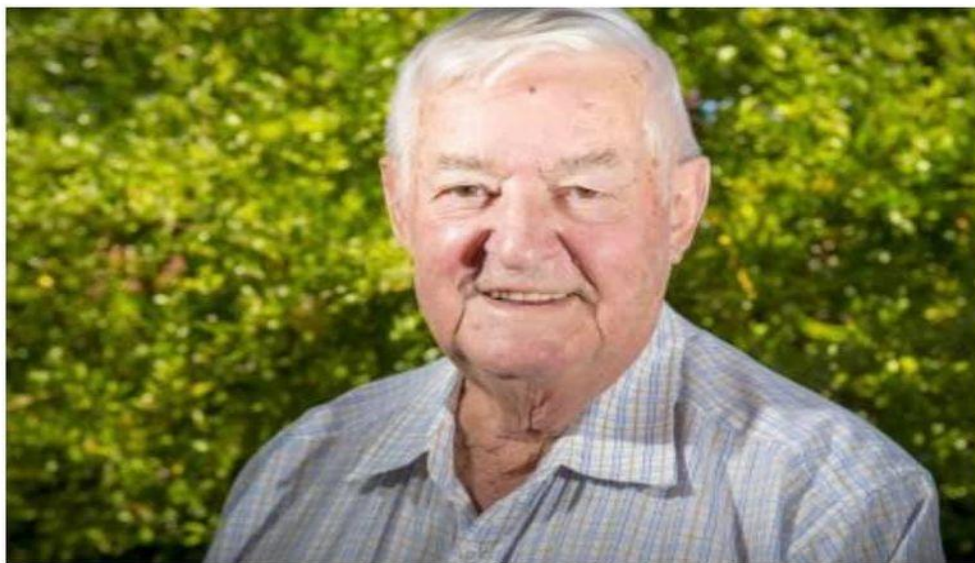
*Future Meetings: pre bookings will be required for these coming events.*

Please contact Rod with your ideas for our meetings on 0402883747 or [rspitty@gmail.com](mailto:rspitty@gmail.com)

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*Pics from our last meeting:*





### VALE - Gordon McKern, OAM - 24/8/1935 to 29/11/2020.

The members of the Rotary Club of Bendigo South, both past and present wish to pass on their sincere condolences to the Mc Kern family.

Gordon was a great supporter and promoter of the Rotary Foundation. He also provided wonderful assistance in helping our club develop our Victorian Male Welsh Choir concerts in partnership with the Ulumburra Theatre Foundation.

We will greatly miss his passion, enthusiasm and his expertise in helping us to achieve our ultimate goals. Gordon has always been a very positive and encouraging supporter of The Rotary Club of Bendigo South and we all greatly valued his ongoing friendship and support.

#### ***Welcome to Rotary Radio***

The Rotary Show tells of inspirational and uplifting stories. How one, a few, or many can make a difference and understand the importance of being part of a team. Listen to those who have made a difference, those triumphing over adversity and those creating new horizons. Our guests include from Presidents, Directors, and members of various Rotary Clubs served by 3WBC's listening area.

The Rotary Radio Show is presented by an energetic group drawn from Rotary Clubs, Rotaract Clubs and Friends of Rotary. Our diverse team mixes stories with a spectrum of music – ideal for you on your homeward journey.

So come join us – be inspired!

Tune in to **94.1fm 3WBC on Friday at 6-8pm.**

Listen now <http://3wbc.org.au/live/>

# The Bendigo South Story – The Networker



By Henry Drury

It was in the 1840's when a shepherd of no-known name but with pugilistic skills was dubbed 'Bendigo' after the famous Nottingham bare-knuckled boxer William Abednego Thompson, popularly known as "Bendigo Thompson".

Subsequently, Bendigo's hut was imaginatively called Bendigo's Hut, and the creek next to which the hut was located became known as Bendigo Creek. Although the surrounding county was also called Bendigo, there was a short period when it became known as Sandhurst after an English military college. Following a plebiscite when all the residents voted, the city changed back to Bendigo on 28th April 1891.

When gold was discovered in the spring of 1851, the wealth was generated to allow architects free reign to design a "city of pomp and influence" that still impresses today.

In the early 1950's, Bendigo famously became the birthplace of the iconic Chico Roll and Four-n-Twenty pie.

Bendigo South Rotary was chartered on 2nd December 1959. Today, this diverse Club with a strong female representation celebrates 60 years of service to the wider Bendigo community.

President Paul Gibbons proudly explains that as part of the Gold Fields Cluster, the Club has been active for decades in the planning and delivery of all the catering at the renowned Bendigo Annual Car Swap held every November. This catering expertise is also utilised at the four-day Bendigo Easter festival.

The Rotary East Gippsland Bushfire Aid effort is being enthusiastically supported by the Club through the propagation of tree seedlings for re-planting in 2021.

The Club is strong in Youth projects including Youth Exchange and successfully organising the Science and Engineering Challenge for secondary students for fifteen years.

Bendigo South also has an extensive annual scholarship program that supports deserving students from local secondary colleges, TAFE and the Latrobe University Bendigo campus.

Internationally, the Club has ongoing aid projects in Timor-Leste and Cambodia.

The COVID lockdown inspired members to organise and present a virtual classical music concert via Zoom, which has been enjoyed by the whole District.

Formal Club meetings are also held on Zoom, but only fortnightly until the pandemic passes and eagerly awaited regular weekly meetings and fellowship can resume.





## Bendigo South Christmas Party

**WHEN:** December 17<sup>th</sup> – 6:30PM

**WHERE:** Christmas Function Bendigo Tennis Club

**FORMAT:** Informal outdoor gathering.

**Two course Christmas Buffet including complimentary first drink on arrival.**

**Cost \$30 p.p.**

*All members, partners and friends welcome*

**RSVP – Tony – 0408590589 or [anthony.plant@bigpond.com](mailto:anthony.plant@bigpond.com)**

Final numbers required no later than Tuesday midday Dec 15.

## LUCKY LOTTO

**Lucky Lotto Winner for 05/12/20 is number #15 – Rod Spitty**

**!**

## Another momentous occasion – The Welsh Mens Choir - 2017







# Boiled Christmas Fruit Cake BY [Margaret Fulton](#)

An economical and easy cake that keeps well. For Christmas, it may be topped with almonds before baking, or iced and decorated afterwards. The name may sound odd, but it's the fruit mixture that is boiled, not the cake!

## INGREDIENTS

750g	mixed dried fruit
185g	butter
275g	firmly packed brown sugar
1 tablespoon	grated lemon rind
2 teaspoons	mixed spice
1 cup	water
2 teaspoons	rum or sherry
150g	plain flour
225g	self-raising flour
1/4 teaspoon	salt
3	eggs
1/2 teaspoon	bicarbonate of soda

## METHOD

1. Preheat the oven to 180°C. Grease a deep 20 cm cake tin and line it with two layers of baking paper.
2. Place the fruit, butter, brown sugar, lemon rind, spice, water and rum or sherry in a saucepan and bring to the boil. Reduce the heat and simmer for 5 minutes, then remove from the heat and leave until lukewarm.
3. Sift the flours and salt together. Beat the eggs with the bicarbonate of soda. Stir the flour and beaten eggs alternately into the fruit mixture.
4. Spoon into the prepared tin and bake for 45 minutes, then reduce the heat to 160°C and bake for a further 45 minutes or until a skewer inserted in the centre comes out clean.
5. Turn out of the tin and cool on a wire rack before removing the paper. Store in an airtight container.
6. This fruit cake will keep in an airtight container for up to 1 month.



## Rotary Foundation

The Rotary Foundation transforms your gifts into service projects that change lives both close to home and around the world.

Since it was founded more than 100 years ago, the Foundation has spent more than \$4 billion on life-changing, sustainable projects.

With your help, we can make lives better in your community and around the world.

### **Our mission**

The mission of The Rotary Foundation of Rotary International is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

### **What impact can one donation have?**

- For as little as 60 cents, a child can be protected from polio.
  - \$50 can provide clean water to help fight waterborne illness.
  - \$500 can launch an antibullying campaign and create a safe environment for children.
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## **FOOD SHARE - Mobile Christmas Food Pantry**

### **Dec 22 and Jan 5 (TUESDAYS)**

Our Club has agreed to assist Foodshare. There are only two dates this Festive Season. Each date has two shifts requiring 3 Rotarians to get involved.

9.30 - 11.30 Pick-up (Supermarket rescue) - 1 Driver, 2 Rescuers (1 with own car due to Covid rules)  
1.00 - 3.00 Distribution at Uniting Care, Kangaroo Flat - I will drive and need 2 extra Rotarians, again 1 with own car.

Shifts start at Foodshare, Shed 2, 43A Havilah Rd, Long Gully. Arrive 10 mins before shift starts to get Foodshare Vests on and sign in. Enclosed shoes are required. Ability to lift crates necessary at both shifts. Van drivers do not need a special licence to drive the three pallet van.

Phone, sms or email Merlyn Quaife if you can help 0404 704 705/[merlynq@gmail.com](mailto:merlynq@gmail.com)



## **THE FOUR WAY TEST**

- Is it the TRUTH
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned



## **THE OBJECT OF ROTARY**

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional

## **WHO'S WHO?**

ROTARY INTERNATIONAL PRESIDENT:	Mark Maloney
RI DISTRICT 9800 GOVERNOR:	Philip Archer
ASS'T GOVERNOR (Goldfields South):	Graeme Lynas
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CLUB PRESIDENT:	Paul Gibbons
SECRETARY:	Tony Plant
TREASURER:	Greg Noonan
YOUTH SERVICES DIRECTOR:	Kay McLaughlin
INTERNATIONAL SERVICE DIRECTOR:	Heather Nixon
COMMUNITY SERVICE DIRECTOR:	Merlyn Quaife
MEMBERSHIP DIRECTOR:	Sue Duncan
CLUB SERVICE DIRECTOR:	Rod Spitty
CLUB PROTECTION OFFICER:	Geoff McKinna
ROTARY FOUNDATION CHAIR:	Glenn Madden
CLUB COMMUNICATIONS:	Matthew Scott
NEWSLETTER EDITOR:	Sue Duncan

## **CLUSTER CLUB MEETING TIMES**

### **DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUBS**

**RC KANGAROO FLAT:** Monday 6pm, Rotary Gateway Park

**RC BENDIGO:** Tuesday 12:45pm, Bendigo Club, Park Street, Kennington.

**RC ECHUCA MOAMA:** Tuesday 6pm, Moama Bowling Club, Shaw Street, Moama.

**RC BENDIGO SANDHURST:** Wednesday 7.30am, Bridge Hotel, Water Street.

**RC EAGLEHAWK:** Wednesday 6pm, Mechanics Institute

**RC ROCHESTER:** Thursday 6pm, The Court House building, Moore Street (Opp. G. Nelson Motors

[REDACTED]

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