

Rotary Club of Bendigo South **SIGNPOST**

Volume 64, No. 11 24th September, 2020

Meets Thursdays at 6pm for 6.30pm at the Foundry Hotel, High Street, Golden Square.

Rotary Opens Opportunities



bendigosouthrotary.org.au

<http://www.twitter.com/RotaryBendigoS>

PRESIDENT'S REPORT FOR SIGNPOST SEPTEMBER 28, 2020.

Our Illustrious leader has taken a few well deserved days off.....

So, on his behalf I will mention a couple of things:

- Our Club Zoom Meeting on Thurs 24th was another fabulous, interesting and informative meeting with guest speakers Steve, Principal, & Scott, Assistant Principal of the East Lodden P-12 College – two very passionate teachers with great goals and amazing achievements.
- Young 15yo, Brodie Welsh, Connico Phillips Participan gave an enthusiastic talk on his stay at the Marine and Freshwater Discovery Centre
- Past DG, Grant Hocking, awarded BSRC with a Rotary “Citation” – more on this later.

There was much discussion on events that are in the planning stages – subject to the easing of COVID19 restrictions for some, and much excitement about the forthcoming Virtual Concert on the 11th October - *stay tuned*.....

Signing off now,

Have a great week,
Yours in Rotary

The Rotary Club of Bendigo South-
"Connect to the Community"
PAUL GIBBONS PRESIDENT 20/21.



2019-2020 Rotary Citation For Rotary Clubs

I am pleased to announce that for the 2019-20 year that 15 clubs in D9800 received Citations and distinctions (see table below). An email with the Rotary Citation certificate has been sent directly to all eligible 2019-20 club presidents during September 2020.

It is wonderful recognition of the great work and enormous effort Rotarians deliver to support people both in their local communities and around the world, and a great reason to celebrate.

The Rotary Citation recognises Rotary clubs that support our strategic priorities by completing certain activities. It is a significant award that honours clubs whose leaders and members show a commitment to success. Clubs that achieve the goals required to earn the Rotary Citation are strengthening Rotary and shaping our future.

Rotary automatically verifies many club achievements via clubs themselves keeping information up-to-date on *My Rotary*. To be eligible for the Rotary Citation, clubs need to begin the year as active clubs that are in good standing and remain so throughout the year. The required achievements were centred around the headings **Unite People** (membership, sponsoring new clubs, alumni event, youth exchange) and **Take Action** (Foundation committee and contribution, member engagement, Polio, Project work, Public image). For the 2019-2020 year, clubs could also receive the **Rotary Citation with Distinction** when they achieve the Rotary Citation plus one to three additional goals under the headings: Connect Leaders; Connect Families; Connect Professionally; and, Connect Community (SILVER-1 goal, GOLD -2 goals, or PLATINUM-3 goals).

Rotary Citation	Club ID	Presidential Distinction
Bendigo South	18307	Silver
Brunswick Tullamarine	18310	-----
Central Melbourne	24501	Gold
Eaglehawk	18317	Gold
E-Club of Melbourne	84949	Platinum
Flemington Kensington	24401	Gold
Glenferrie	18324	Platinum
Hawthorn	18325	Silver
Keilor East	21222	Silver
Laverton Point Cook	18331	Platinum
Prahran	18340	Gold
Southbank	52146	Platinum
Werribee	18347	Platinum
Wyndham	22328	Platinum
Wyndham Harbour	89899	Platinum

The Program for September

Oct 1st – Sub Committee Meetings

- Oct 8th - Anthony Sheehan from City Of Greater Bendigo – Environmental Projects.
Chair – Bernie Young
- Oct 15th – Board Meeting
- Oct 22nd: DG Combined Cluster Meeting
- Oct 29th: Junortoun Fire Brigade/ Bendigo Fire Brigade. - CFA
Chair – Ian Ellis

Please contact Rod with your ideas for our meetings on 0402883747 or rspitty@gmail.com

Things to keep in mind:

- Ian Ellis spoke at our meeting asking for input as to whether we continue with the Christmas Cakes & Puddings
- I am still after some recipes and pics from members to add to the Signpost
- Don't Forget to complete your Form 3 and return to us asap.
- The Lord Taverner's Raffle Info (Attached)
- "Save the Date" attachment for our proposed High Tea
- Sub-Committee reports (attached)

Feel free to send anything through to me on krissureg@hotmail.com or 0417321033

A Trip Down Memory Lane – August 2016 – Back at the Foundry (more a distant memory now!)



As this month is designated for 'Basic Education and Literacy' I had put this little snippet together. Anne

Educating girls in disadvantaged situations.

As a Rotarian and an educator I have been asked many times why we should encourage the education of girls.

As part of my 'lockdown' reading I am being enlightened by 'The Moment of Lift' by Melinda Gates. She covers many areas that affect the lives of girls and women in Third World countries.

Melinda lists the reasons why the Foundation supports positive change in these areas. Her premise is 'that a good deed never dies'.

Education impacts the girls their families and the community. Greater literacy brings higher wages and fosters income growth. Creates more productive farming. Reduces pre-marital sex, lowers the chance of early marriage, delays first births, helps mothers with family planning. With education mothers do a better job learning about nutrition, vaccination and other ways to raise healthy children. There are gains in child survival and they are more likely to send their girls to school.

There are many girls in vulnerable situations here in our own country and work with them can be most rewarding.

We do have to maintain a balance with dollars raised and donated and where spent. However, all indicators are that a dollar spent on girl's education bears benefits through following generations.

A quote from Anne Frank:

'How wonderful it is that nobody need wait a single moment before starting to improve the world'.



A huge congratulation to Australia's new citizen, Nena!

Nena undertook the oath online this week - The person taking the oath could not hear her via the computer; so her saw her on screen and heard her through her phone.



Help for Annie North

ANNIE NORTH - do you have any of these lying around at home that you could donate??

Wanted: pre-school educational material, particularly science, technology, engineering, maths - construction type things

Wanted: outdoor equipment - balls (any size), backyard soccer net etc

Wanted: art and craft supplies for play groups and women's groups, currently being conducted online. Packets are sent to participants.

Wanted: Canvasses and paints for indigenous women's art therapy.

Many thanks to the Club Members who have so far donated a lovely variety of goods.

Members who are not comfortable selecting goods to donate can make a monetary donation via the Club which will be forwarded to Annie North.

Contact Merlyn Quaife if you have any items to donate. 0404 704 705/merlynq@gmail.com





Instructions for Chinese BBQ Pork by Gary & Sharon

In a medium sauce pan, mix the honey, brown sugar, Hoisin sauce, 5-spice powder, red food coloring, vegetable oil, sherry, tomato paste and soy sauce and heat to a simmer and cook three minutes then remove and cool completely.

While the marinade is cooling, remove any visible fat or gristle from the pork. There are two methods to cutting it up. Either cut along the natural lines and remove fat between each piece or simply cut in half the long way then each half in half again the long way so you have four log shaped pieces. I chose the first method so I could use the small pieces for some other Chinese dishes and the large pieces for this dish, but totally up to you.

Place the meat in a gallon zip lock bag with the cooled marinade and marinate at least one day and up to four days ahead. This isn't like a brine where the length of time in the mixture usually would not surpass 12-24 hours, this is a marinade and the meat can stay refrigerated in the marinade for up to four days.

Preheat oven to 325 degrees F.

Line a sheet pan with foil and cover with a rack.

Pull the meat out of the marinade and place on the rack and place in the oven for 30 minutes.

While the meat is cooking, pour the marinade in a medium sauce pan and remove about a half cup to a small bowl.

Add the remaining honey to the pan and heat until bubbling and cook for three minutes.

Add the corn starch to the small bowl and stir to dissolve then add to the sauce pan and whisk to thicken. Cook for one more minute then remove to cool.

After the pork has roasted for 30 minutes, brush liberally with the sauce and roast for 30 more minutes.

Brush again and roast for 20 more minutes.

Brush again and roast for an additional 10-20 minutes or until an internal probe thermometer inserted into the end of the fattest piece registers 145 degrees F.

Remove from the oven and brush one more time.

Let rest for at least ten minutes then slice and serve with the remaining sauce.

Cut up any small pieces for other Chinese dishes such as fried rice or Egg Foo Yung

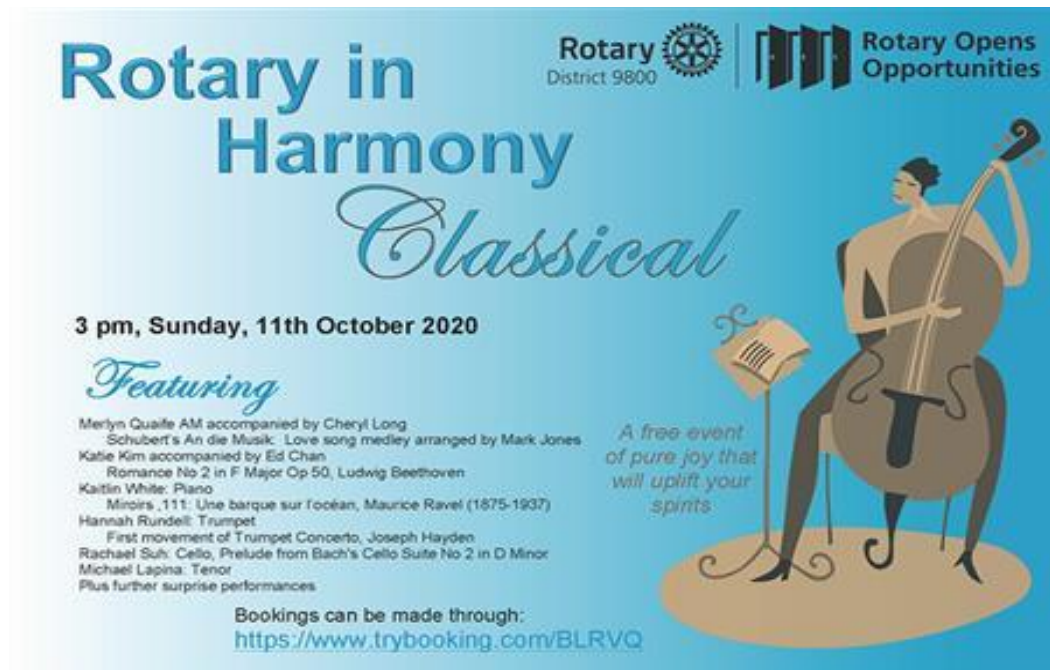
ROTARY IN HARMONY

We are very excited to share with you another fun virtual campaign, ***Rotary in Harmony***—a series of four (so far) musical events, featuring our talented Rotarians and Friends of Rotary. Whilst we already have a great line up of musical talent, we are reaching out to all of you to let us know about those who are musically gifted and would like to perform in any of the events scheduled from 11th October through to 22nd November. The musical genres will include Classical, Rock 'n Roll, Jazz and Celtic.

Bookings (for all four events) can be made through <https://www.trybooking.com/BLRVQ>

Four Musical Events on Zoom:

- Classical - 3.00 pm Sunday 11th October 2020
- Rock 'n Roll - 3.00 pm Sunday 25th October 2020
- Jazz - 3.00 pm Sunday 8th November 2020
- Celtic 3.00 pm Sunday 22nd November 2020



Rotary in Harmony
Classical

Rotary District 9800 | Rotary Opens Opportunities

3 pm, Sunday, 11th October 2020

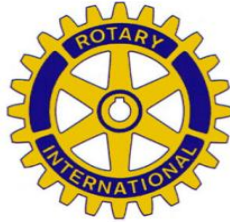
Featuring

Merlyn Quaife AM accompanied by Cheryl Long
Schubert's An die Musik: Love song medley arranged by Mark Jones
Katie Kim accompanied by Ed Chan
Romance No 2 in F Major Op 50, Ludwig Beethoven
Kaitlin White: Piano
Miroirs, 111: Une barque sur l'océan, Maurice Ravel (1875-1937)
Hannah Rundell: Trumpet
First movement of Trumpet Concerto, Joseph Hayden
Rachael Suh: Cello, Prelude from Bach's Cello Suite No 2 in D Minor
Michael Lapina: Tenor
Plus further surprise performances

*A free event
of pure joy that
will uplift your
spirits*

Bookings can be made through:
<https://www.trybooking.com/BLRVQ>

The poster features a stylized illustration of a person playing a double bass, with a music stand and sheet music nearby. The background is a solid blue color.



THE FOUR WAY TEST

- Is it the TRUTH
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned
-



THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT:	Mark Maloney
RI DISTRICT 9800 GOVERNOR:	Philip Archer
ASS'T GOVERNOR (Goldfields South):	Graeme Lynas

CLUB PRESIDENT:	Paul Gibbons
SECRETARY:	Tony Plant
TREASURER:	Greg Noonan
YOUTH SERVICES DIRECTOR:	Kay McLaughlin
INTERNATIONAL SERVICE DIRECTOR:	Heather Nixon
COMMUNITY SERVICE DIRECTOR:	Merlyn Quaife
MEMBERSHIP DIRECTOR:	Sue Duncan
CLUB SERVICE DIRECTOR:	Rod Spitty
CLUB PROTECTION OFFICER:	Geoff McKinna
ROTARY FOUNDATION CHAIR:	Glenn Madden
CLUB COMMUNICATIONS:	Matthew Scott
NEWSLETTER EDITOR:	Sue Duncan

CLUSTER CLUB MEETING TIMES

DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUBS

RC KANGAROO FLAT: Monday 6pm, Rotary Gateway Park

RC BENDIGO: Tuesday 12:45pm, Bendigo Club, Park Street, Kennington.

RC ECHUCA MOAMA: Tuesday 6pm, Moama Bowling Club, Shaw Street, Moama.

RC BENDIGO SANDHURST: Wednesday 7.30am, Bridge Hotel, Water Street.

RC EAGLEHAWK: Wednesday 6pm, Mechanics Institute

RC ROCHESTER: Thursday 6pm, The Court House building, Moore Street (Opp. G. Nelson Motors)

