

Rotary Club of Bendigo South **SIGNPOST**

Volume 64, No. 13, 15th September 2022

Meets Thursdays at 6pm for 6.30pm at the Lakeview Hotel (TBC weekly)

IMAGINE ROTARY



bendigosouthrotary.org.au

<http://www.twitter.com/RotaryBendigoS>

President's Report

At our Meeting on September 15 we started with a minute's silence in memory of Queen Elizabeth II. She was the epitome of Service Above Self and whether we are Royalists or Republicans one cannot but admire her work ethic and graciousness in all circumstances. This has been reflected in the Tributes paid to her from far and wide. Club Member Ron Devereaux shared his memories of presenting arms when the Queen visited Bendigo. After Bendigo she trained back to Castlemaine where the troops again lined up. The Duke of Edinburgh stepped out of the last carriage right where Ron was standing and said 'Where are you chaps going? Duck shooting?' Next week, being the official Public Holiday to commemorate her passing, if you have any Queen memorabilia around your home, bring it to the Meeting to share with Members.

Then it was on to Club Member Jan Pagliaro talking about Aged Care Packages. Jan works for Uniting Age Well and brought with her Kerry Maybury who is her work colleague. Jan explained the different level of Care Packages and how to go about applying to be assessed when one reaches the need for such assistance. Our Honorary Member Tom Glazebrook AM is one of the clients Jan has looked after. Tom is now residing in Strath Haven. He has a mobile phone – anyone wanting to call him can ask me for the number. Visiting is also possible, provided he is 'at home'. You just have to do a RAT test and fill out forms, so it pays to make sure he's in...

The Christmas Trailer Raffle kicks off! A huge thanks to Ian and Max Ellis for donating their talents to provide the signage. It looks great!! They have also done signs for the Science and Engineering Challenge and will be soon doing signs for the National Final.

Also congratulations to the team of gardeners who travelled to Gippsland to plant our carefully nurtured trees. We will have a detailed report of this weekend at our regular Meeting on September 29.



Don't forget to book your tickets for the James Morrison and CGB Brass Band concert on October 9. The Club still has tickets pre-purchased for Club Members. If you can't attend, consider purchasing a ticket (or two) and giving them to someone who maybe can't afford to go. It's such an important fund-raiser for our Club and the Ulumbarra Foundation.

Merlyn Quaife AM

SEPTEMBER PROGRAM

Thurs 22nd September

Lake View Hotel
Guest speaker – Doug Lougoon
Chair of the Bendigo Chinese Association
Chair – Rod Spitty

Thurs 29th September

Lake View Hotel
Report on tree planting – East Gippsland
Quarterly report presentation by president & directors
Chair – Merlyn Quaife

O'Keefe Trail walk cancellation:

The planned walk on Sunday followed by afternoon tea at President Merlyn's place has been postponed to make way for our first session of Raffle Ticket selling. We will now be walking in October as a Fundraising activity for End Polio Now, but not specifically or necessarily on the O'Keefe Trail.



UPCOMING EVENTS CALENDAR

- James Morrison with the City of Greater Bendigo Brass Band – Concert
Sunday 9th October 2pm Ulumbarra Theatre Bendigo
- Science & Engineering Challenge - National Final
Thursday 20th and Friday 21st October - Bendigo South East College Stadium
- Maubisse Film Night Thursday 27th October (details to follow)
- Swap Meet
Friday 11th, Saturday 12th, Sunday 13th November.

James Morrison & the City of Greater Bendigo Brass Band

Tickets are available for club members, partners and friends at a discounted price if purchased directly from the club. There are 50 reserved seats all in prime positions and they will be sold on a first in best dressed arrangement. They are available at \$50 per person, as compared to \$59 if purchased from Gotix. Should you wish to reserve yours early please let Tony Plant know and he will put you on the list. We should have the actual tickets to distribute in the next couple of weeks. Payment will need to be made into the Projects account and please make sure you include your name and the word "CONCERT" with your online payment.

Please see attachment for more information.

Swap meet - 11th, 12th and 13th of November

After 3 years the Swap Meet is BACK! We are seeking an indication of who will be available to assist over the weekend. Shifts are 4 hours. Partners and friends are welcome to join us. Please contact Maureen ph. 0438 468815 or goldview46@bigpond.com if you are available.



Christmas Trailer Raffle Ticket Sellers Wanted

Thank you for those members who have added their names to the ticket selling roster so far. We require one more person for this coming Sunday 4.00 to 6.00 pm at Maiden Gully IGA. If you are definitely not attending the James Morrison Concert on Sunday 9th October we need your assistance at Lansell Square from 4.00 to 6.00 pm. We need three more sellers for Sunday 23rd of October at the Eaglehawk IGA. The raffle is a big task and it would be nice to spread the workload around. Please contact Glenn if you can assist.

Phoenix Australia Centre for Posttraumatic Mental Health – A message from Eliza Blomfield

Thanks for your interest in Phoenix Australia's self-paced online Psychological First Aid and Trauma-informed Care training courses, through which we aim to build community and organisational capabilities across disaster-impacted and high-risk regions in Victoria.

You may be aware that over 1100 frontline workers have now accessed our courses as part of this project for Victorian disaster recovery. As such, there are only about 30 places remaining that we can offer for free, thanks to funding received as part of the Victorian Government's *Mental Health and Wellbeing Bushfire Recovery* package. Ordinarily, these courses are available for a fee of \$308 each.

If there are any members of your organisation who are still interested in accessing our online training for free, we encourage them to log in and claim their place as soon as possible.

Using their voucher code to register is sufficient for them to claim their funded place in the course. Once a person registers, they will still be able to move through the online modules at their own pace until late 2022.

Upon completion, participants will be able to obtain a certificate of completion to share with their manager, organisation or social network, as evidence of continuing professional development.

How to access the training:

Please follow the course link/s below and apply the coupon code DHVIC100 at registration for free access.

- [Psychological First Aid for Victorian frontline workers and community leaders](#)
- [Trauma-informed Care for Victorian frontline workers and community leaders](#)

Once registered, participants will receive a confirmation email and link to the course. For the best experience, we recommend using Google Chrome. Participants can access any helpdesk support by getting in touch with our [training team](#).

Thanks again for your interest in our programs and your ongoing support of your disaster-impacted community.

Warm regards,
Eliza



"Vale Queen Elizabeth 11 -1926-2022"

Source - Wattle Painting of Queen Elizabeth 11 by Australian artist Sir William Dargie 1954
The wattle painting is one of the most recognisable 20th century Australian portrait.



End Polio – Walk with Us is happening again during the month of October

Wanting to get fit but wanting to make it worthwhile at the same time? Then be part of the Bendigo South End Polio Walk with Us Teams!

There are two – **Bendigo South Lassies** & **Bendigo South Laddies** – feel free to join either or both, but be prepared for some **healthy** competition!

If you feel inclined to join us, please head to www.rotarywalkwithus.org to register then join one of these teams.

This event will run for the month of October, so from the 1st, please start canvassing friends and relatives to sponsor you – these days it is a fixed amount rather than the actual kilometers walked, however, I am sure the opposite team will keep the momentum going with the amount of steps you do!

At this stage, it is just a matter of counting your steps each day, but there may be an event in the planning for 24th October – End Polio Day – will let you know!

If you would like to join, but not sure how to register please call me on 0417321033 or email susan.j.duncan3@bigpond.com and I will **walk** you through the process! Also your steps can be entered manually on the website, or if you have a fitbit or apple watch these can be synced - again, happy to help.

Lets make a difference and put our Club on the End Polio Map!





Get ready to Imagine What's Next with Rotary!
Rotary members like you are taking action and creating meaningful change in communities worldwide.

At past conventions, you've seen what we can accomplish when we come together and share our passion for Doing Good in the World. We're excited to keep the momentum going in 2023. **Join us in the beautiful city of Melbourne, Australia, 27-31 May** to connect with other people of action. We'll hear from great speakers, enjoy fantastic entertainment, take part in inspirational breakout sessions, and so much more.

Register today to receive the reduced rate. Don't wait, because **this rate expires on 15 December.**

[Register Today](https://convention.rotary.org)

BMEC NOVIE NIGHT

Thursday 27th October

6.30pm Star Cinema

Special Guest

Kirsty Sword Gusmão

FOR TICKETS, SCAN TAG OR USE THIS LINK
<https://www.starcinema.org.au/movie/bendigo-maubisse-fundraiser-see-how-they-run>



All proceeds go to
Bendigo Maubisse
Friendship
Committee projects

**SEE HOW
THEY RUN**



Rotary
District 9800



THE FOUR WAY TEST

- Is it the TRUTH
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned

THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional

Rotary
District 9800



**SERVE TO
CHANGE LIVES**

WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT:	Jennifer Jones
RI DISTRICT 9800 GOVERNOR:	Amanda Wendt

CLUB PRESIDENT	Merlyn Quaife AM
SECRETARY	Paul Gibbons
TREASURER	Greg Noonan
YOUTH SERVICES DIRECTOR	Mark Tracy
INTERNATIONAL SERVICE DIRECTOR	Lindsay Jolley
COMMUNITY SERVICE DIRECTOR	Emily Mudge
MEMBERSHIP & MARKETING DIRECTOR	Tony Plant
CLUB SERVICE DIRECTOR	Rod Spitty
CLUB PROTECTION OFFICER	Geoff McKinna
ROTARY FOUNDATION CHAIR	Susan Duncan
FUND-RAISING and FINANCE	Gary Pinner
CLUB COMMUNICATIONS	Matthew Scott
NEWSLETTER EDITOR	Zoe Pocock

CLUSTER CLUB MEETING TIMES

DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUBS

RC KANGAROO FLAT: Monday 6pm, Rotary Gateway Park

Secretary - Geoff Wakefield 0408510218

RC BENDIGO: Tuesday 12:45pm, Bendigo Club, Park Street, Kennington.

Secretary: Danielle Ioniescu – 5444 0190 secretary@rotarybendigo.org.au

RC ECHUCA MOAMA: Last Tuesday of month - 6 for 6:30pm, Rotary Community Park, Rose Street, Echuca.

RC BENDIGO SANDHURST: Wednesday 7am for 7.30am start, Fosterville Gold Tennis Centre, Nolan St Bendigo

Secretary: John Harkin – 0409957000

RC EAGLEHAWK: Wednesday 6pm, Mechanics Institute

Contact on 0428468298

RC ROCHESTER: Thursday 6pm, The Court House building, Moore Street (Opp. G. Nelson Motors)

Contact - Heather Watson on 0439842177

RC CASTLEMAINE: Wednesday 6:30pm, The Cumberland Hotel

Secretary - Lyndal McClure 044339116