

Rotary

Rotary



VOL. 56 NO. 45

THURSDAY 28th

MAY 2015

MEETS THURSDAYS

6pm for 6:30pm

@ THE FOUNDRY HOTEL

"Connect to the Community"

SignPost Bendigo South

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Welcome to this weeks edition of the SignPost

Presidents Report:

At our last meeting we were very privileged to have an escorted tour of the hospital site under construction by the contractors Lendlease. Our Club member Emily did an excellent job as tour guide. Her presentation and the amount of information that she provided and her answers to a wide range of questions was simply stunning. On behalf of the Club and the 29 participants on the tour thankyou for a job extremely well done.

The Bendigo Base Hospital construction is a generational project that will serve Central Victoria and the Bendigo community in the future and the vocational tour was appreciated by all who attended.

By now members and friends should have their handover invitations for the 25th June. Planning is well underway, and it would be great to have a full Club turnout to springboard Tony into the next Rotary Year. The Board is hard at work preparing the Annual Report. There will be a hard copy at the handover for each club member. Members and friends are encouraged to bring friends and family to the handover.

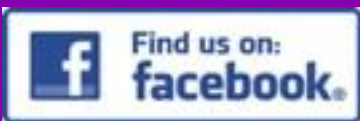
This meeting is friends, family and fellowship meeting, so bring along who ever you would like to show Rotary at work. We will be presenting various donations, and demonstrating Rotary partnerships at work. It will be lay back, fun, and there is opportunity to continue fellowship at the bar afterwards for those interested.

See you this Thursday at the Foundry.

Light Up Rotary

Regards

Rod Spitty
President Bendigo South Rotary Club



bendigosouthrotary.org.au

ROTARY CLUB OF BENDIGO SOUTH -

Calendar of Events

WHEN?	WHAT?	WHERE? (Details & Contact Info)
May	Rotary Health Month	
Thursday 28 th	Fellowship, Friends & Family night	Foundry Hotel Complex
June	Fellowship Month	
Thursday 4 th	Head Space – Joint Board meeting	Foundry Hotel Complex
Thursday 11 th	Scholarship Recipients	
Thursday 18 th	Julie Homelhof Principal- Bendigo Special Development School	Foundry Hotel Complex
Thursday 25 th	Changeover Dinner	Foundry Hotel Complex

**ROTARY CLUB OF BENDIGO SOUTH, MAY 2015 ROSTER
THEME FOR MONTH – ROTARY HEALTH MONTH**



DATES			28
TOPIC			FAMILY FRIENDSHIP NIGHT
GUEST SPEAKER			NONE
CHAIR PERSON			ROD SPITTY
CASHIERS			BILL ASHMAN & GRAHAM NEIVANDT
REGALIA & BADGES			PETER SIMMONS
FELLOWSHIP			ROS CHENERY
SERGEANT			ANDREW PALMER

**ALL ROTARIANS ON DUTY MUST ARRIVE BEFORE 6PM ON THE NIGHT
IF YOU ARE UNABLE TO COMPLETE YOUR DUTY PLEASE ARRANGE A SUBSTITUTE**

VISITING OUR NEW HOSPITAL WITH EMILY MUDGE ON 21ST MAY, 2015



PRESENTATION FROM NOEL TRAVASKIS

Noel is the Rotary International Director-elect He spoke on mental illness and membership matters.

Noel has been a Rotarian since 1996 joining the Rotary Club of Goulburn Argyle, he is now a member of the Rotary Club of Bega in D9710. He was President of the Club in 1999-2000.

At District level he has been an Assistant Governor, Chairman Australian Rotary Health, Chairman of Membership, District Trainer and is currently Chair of the Australia New Zealand Agriculture Exchange.

Some of his other activities include:

2001 - District 9710 Key Rotarian Award

2003 - Rotary International awarded him the highest individual award a Rotarian can receive the Service Above Self Award.

2005 - Member of the Order of Australia

2005-2006 District 9710 Governor

2006 - 2011 Board member of Australian Rotary Health

2007-2009 Regional RI Membership Coordinator Zone 8

2009-2011 Chairman Australian Rotary Health

2011-2014 Rotary Coordinator Zone 8

2012 Chairman of Membership Development Committee for Zone 7B & Zone 8

2012 Project Lead for Implementation of Membership Plan for Zone 7b & 8 Noel was an adviser to the Centre for Mental Health Research at the Australian National University in Canberra. He was a Board member and Vice Chairman of the Southern Community College which specialized in providing educational opportunities for people with learning difficulties.

Noel warmed us up with some funny tales before taking us on a journey through his descent into depression as a younger man. It was obviously a very dark and difficult time of his life, one of hospitalisations, heavy medications, family breakdown and stigma.

Noel told us that a fresh start came when he joined the Goulburn Argyle Rotary Club but he described himself as a ?delinquent Rotarian. It wasn't until he discovered the Community Mental Health Awareness Program and after the tragic loss of a friend to suicide, that he decided he could make a difference by sharing his story. He is a strong supporter of the Australian Rotary Health as well as Beyond Blue and the Black Dog Institute.

Noel stressed the importance of discussing your feelings and seeking help if you are experiencing mental health issues.

Noel explained that he is a Rotarian first and foremost and he is very positive about the future of Rotary but we have work to do to retain and recruit members.

He challenged us to think about a few things:

- Do our club meetings run efficiently (e.g. start and finish on time) and have meaningful content and programs?
- Do we look after our members and their partners?
- Do we recruit ?good? members ? people with good heart and good attitude?
- Are we too set in our ways, afraid to make changes, focused on traditions? Do we sit in the same seats every meeting?
- Do long standing members dominate the club?
- Does our club reflect community ? women, people from cultural backgrounds?
- Do we accept that not everyone needs to attend every meeting?
- Do we educate our new Rotarians? (Directors reports are an opportunity to educate ? never say ?nothing to report?)
- Do we engage and involve them? ?Greet, explain, introduce and make them feel welcome?.
- Every Rotarian needs to be involved in recruitment (break up into teams of 3 and set a task of recruiting a minimum of 1 new member per team)
- Focus on recruiting women between 35 ? 60 years of age and men between 55 ? 69. A good number to have in a club is around 35+.
- Do we have a welfare committee? Support for members and their partners during times of need?

Noel finished with a reminder that with our aging population we are going to lose a lot of members within the next 7 years. Presidents and President Elects need to drive the recruitment but it is the responsibility of all club members to work together.

PP Greg Noonan,

Assistant Governor Goldfields North,

Treasurer- Rotary Club of Bendigo South Inc

Our upcoming social activities

Shamrock Hotel Tour – Sunday 14 June


Members will meet in the hotel foyer and will be provided with a tour of the hotel from cellar to top floor and shown a wide range of rooms in the hotel, both function and accommodation. This is a very famous building with a heritage listing and the tour offers expert commentary. Afterwards, members are given a voucher for afternoon tea in the hotel café for coffee and cake

Time: 2pm – 3.30pm

Length of tour: 1 hr

Cost: \$10pp

The social program is designed to be low cost and purely social. There will be no organised Rotary Club business at these events.



“Last week we visited our new Hospital construction site – I got lost.”.

CONGRATULATIONS:

Birthdays & Anniversaries

Happy Anniversary to the following Members

Terry Dalwood May 16th

Andrew Palmer May 17th

Peter Ryall May 20th

Happy Birthday to the following Members

Sue Hawking May 4th

Tom Glazebrook May 7th

Geoff McKinna May 16th

ROTARY CLUB OF BENDIGO SOUTH INFORMATION

THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional

WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT- Gary C.K. Huang
RI DISTRICT 9800 GOVERNOR- Murray Verso
ASSISTANT GOVERNORS (GOLDFIELDS CLUSTER)-
Grant Hocking (Goldfields South) & Greg Noonan (Goldfields North)
PRESIDENT- Rod Spitty
PRESIDENT ELECT (Club Protection Officer)- Tony Plant
HON. SECRETARY - Mark G. Mott
HON. TREASURER- Greg Noonan
MEMBERSHIP DEVELOPMENT/ P.R- Bernie Young
COMMUNITY SERVICE- Ian Ellis
ROTARY FOUNDATION & FELLOWSHIP- Helene Brown
VOCATION- Gary Pinner
YOUTH SERVICES- Ros Chenery
INTERNATIONAL SERVICE- Lindsay Jackson
PROGRAM COORDINATOR- Anne Peace & Helene Brown
DIRECTOR OF CLUB COMMUNICATIONS &
MINUTES SECRETARY- Matthew Scott - mattgscott@telstra.com
CLUB COMMUNICATIONS – Sue Hawking – suetrevor8@bigpond.com
EXCHANGE STUDENT – Gus - 0422 618979 –
gustavoexoto98@hotmail.com

ATTENDANCE & MAKE UP OPPORTUNITIES

**DISTRICT 9800 GOLDFIELDS CLUSTER
ROTARY CLUB MEETINGS**
KANGAROO FLAT- Monday 6pm, Rotary Gateway Park
BENDIGO- Tuesday 12:45pm, Bendigo Club
BENDIGO STRATHDALE- Tuesday 6:15pm, Nancy Long Dining Room, La Trobe Uni.
BENDIGO NEXT GENERATION- Wednesday 6:30pm, The Exchange (Beneath Bendigo Bank)
ECHUCA MOAMA- Tuesday 6pm, Border Inn Moama
BENDIGO SANDHURST- Wednesday 7am, BRIT Restaurant
EAGLEHAWK- Wednesday 6pm, Mechanics Institute
ROCHESTER- Thursday 6pm, The Wine Tavern, Moore Street.

THE ROTARY CLUB OF BENDIGO SOUTH ATTENDANCE OFFICER

ROS CHENERY -

ros.chenery@visionaustralia.org
TELEPHONE- 0407 802 801
Or 5445 5721

THE FOUR WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?