

SignPost

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** DON'T FORGET...

WE'RE IN THE
PLATINUM ROOM THIS
WEEK!!Find us on:
facebook.

bendigosouthrotary.org.au

Welcome to this weeks edition of the SignPost...

Last Thursday evening was our Motor Neuron Disease scholarship evening with our Club's current scholarship recipient, Janine James, who presented her update on her continuing studies. Janine is our third scholarship recipient and she is at the completion of her second year of her doctorate studies in Research associated with Motor Neuron Disease. Janine spoke about various areas of her studies, and informed us that they are getting close to having a drug to use in human trials. The drug is hoped to extend the life of sufferers from a particular form of Motor Neuron Disease, but is not thought to have the potential to cure the disease. Janine mentioned that MND is associated with several other disease processes, Parkinson's disease, Huntington's disease and Multiple Sclerosis, and that they are all associated with the nervous system. The new drug is copper based and is believed to combine with fat cells, and it is thought to be able to be used throughout the Nervous system and especially the brain, which is composed of a high number of fat cells: therefore the actions of the copper based drug on the clumping cells that are attributed to the process of neuron degeneration evident in MND is to reduce this effect. Janine suggested that the new drug is an exciting development in the potential treatment of MND, and may be used in regards to other diseases associated with the nervous system. Janine suggested that human trials, associated with the new drug, could be as far away as 10 years, but still that means that within 10 years we may have a drug that can extend sufferers lives. There were several guests who joined us at the meeting this Thursday, and I was very pleased to welcome the President of the local Motor Neuron Disease support group, Ann Janssen, and various other partners and friends of our Rotarians.

Rotarian Graham Neivandt asked that site captains, all Club members, Friends of Rotary, friends and family, and members of the partner organisations that all helped at the annual Swap Meet last weekend, be thanked for the magnificent work that they all participated in over the three days of the event. We heard stories about the numerous eggs, hamburgers, sandwiches etc that were prepared, and the beautiful weather that helped to attract the thousands of people who attended the event this year.

Rotarian Cora Fuentes - Mahnic filled us in on the situation in the Philippines. Cora was born, and lived, in the Philippines in the area that has been devastated by the typhoon that struck the country over a fortnight ago. Cora informed us that the Bendigo Filipino community has established a Foundation for donations to support the victims of the typhoon that devastated the Philippines, leaving up to 12,000 residents without homes, food, and water: many of which are related to or known to both Cora and members of the local Filipino community. Cora announced that they will be holding a concert to raise funds on December 13th at Victory College Bendigo, and they expect to be able to seat up to 525 people. Cora has asked our members to support this event by both attending and selling tickets. If you are interested in doing either, please contact Cora about ticket sales, venue, and time. PP Wendy is also organising our Club's Christmas function, to be held Thursday 18th December at the Foundry. PP Wendy asked for an indication of the numbers for the event. If you are intending on attending, and/or wish to bring guests, please let Ros Chenery know.

A reminder that we have the Foundation Dinner, next Thursday 28th November, at the **Foundry Platinum Room**, commencing at 6:30pm. Foundation chair & Past President Wendy requested that all members who intend on going please indicate in advance any dietary requirements, and especially confirm how many will be attending prior to the evening for catering purposes.

Another reminder: There will be an additional short meeting during our normal Club dinner meeting on December 5th to complete the postponed segment of our previous AGM held last month. Paperwork will be distributed to all Club members prior to the meeting for their information and consideration.

Engage Rotary, Change lives.

Helene Brown - *President of the Rotary Club of Bendigo South*

CALENDAR KEY:

- Family/ Social Events
- Guest Speakers
- Connect to Community Events
- Other Events

WHEN?	WHAT?	WHERE? (Details & Contact Info)
November	Rotary Foundation	
Thursday 28	Foundation Dinner & Fundraiser Speaker: Ian Risely OAM	Foundry Complex, Partner Dinner
December	Rotary Family	
Sunday 1	Mclvor Hwy Clean Up & Fellowship lunch	Lunch venue to be confirmed
Thursday 5	Guest Speakers- The Travelling Trio: Matt, Ros & Tony	Foundry Complex Partner Dinner
Thursday 12	Guest Speaker- Jeanette O'Brien of Bendigo Health (Standby 24/7)	Foundry Complex
Thursday 19	Christmas Dinner	Family & Partner Night
Thursday 26	Rotary Christmas Break	
2014	Rotary Awareness	
January		
Thursday 2	Rotary Christmas Break	
Thursday 9	BBQ & Outdoor Movie	Family Night Partner Night
Thursday 16	Guest Speaker- Rotary Friendship/ Fellowship Exchanges	Foundry Complex
Thursday 23	No Meeting due to Australia Day	
Thursday 30	Fellowship & Family Night	
February	World Understanding	
Thursday 6	Board Meeting & Club Forum	Foundry Complex
Thursday 13	Guest Speaker- Kaye Greaves (Bendigo Refugee Health)	Foundry Complex

RYLEA - Rotary Youth Leadership Award

On Sunday November 24th, our enthusiastic group set off for the weeklong RYLEA camp at 7.15am from Bendigo. This is our best attended RYLEA group for many years and its been great fun organising it all. Many thanks to Paul Henderson from RC of Bendigo Sandhurst for driving the Vision Australia bus with the group to International House, Parkville where they meet up with the others for the trip to the Mt Evelyn camp site. We know they will have a wonderful week!

Attendees were: Paul Henderson; Brittany Ruff (Bendigo Sandhurst), Zoe Schenck (Eaglehawk), Jesse Dickason (Bendigo Strathdale), Tyler Lethlean (Echuca), Michelle Robinson (Bendigo), Georgia Smith (Kangaroo Flat), Maddie Lyall (Bendigo Strathdale) and Lynne Cooper. Rochester club is also sponsoring two students from East Timor who were travelling separately to Melbourne.

Many thanks to Wayne Hunter for his amazing support to us with this program - the countless number of emails is soon to come to a close for this year! Also thanks to Glenn Ludeman from RC of Kangaroo Flat (past RYLEA participant) who spoke with the group at an information session we held several weeks ago. All the clubs will be arranging for the participants to speak at club meetings soon so members will hear of their experiences in person. Please keep in touch with these amazing young people and involve them in your club activities e.g. invitations to your Christmas club events, BBQs, future efforts to locate RYLEA participants for next year, encouragement to join the Next Generation Rotary club, put them on the mailing list for your weekly newsletters, possibility of going to RYPEN as a leader or whatever you can do to maintain contact and assist them with their future careers and lives as community leaders.

If you have any feedback or comments to make please let me know and we can include them in discussion at our next Cluster Youth Services meeting in January.

- Lynne Cooper (RC of Bendigo Strathdale)

Rotary Club of Bendigo South, November Roster

Theme for month – Rotary Foundation

Dates	28th
Guest speaker	Foundation Dinner Guest Speaker - Ian Riseley
Chair Person	Wendy Learmount Helene Brown
Cashiers	Maggie Merigan-James & Ros Chenery
Regalia and badges.	Anna Kollar
Raffle	Greg Noonan
Fellowship	Anne Peace
Sergeant	N/A

*“Looking at those rosters over the page, the year is fast getting away from us...
I’m looking forward to a short break from this bulletin caper....
I’ve gotta look my best every week!!”*



Rotary Club of Bendigo South, December Roster

Theme for month – Rotary Family

Dates	5th	12th	19th	26th
Guest speaker	Guest Speaker The Travelling Trio Board Meeting	Guest Speaker Jeanette O’Brien Bendigo Health Standby 24/7	Christmas Dinner Platinum Room	Christmas Break
Chair Person		David Lea	Wendy Learmount	NA
Cashiers		Bernie Young Ros Chenery	Rod Spitty	NA
Regalia and badges.	Andrew Palmer			NA
Raffle		Cora Fuentes-Mahnic	Ros Chenery	NA
Fellowship		Andrew Palmer	Elaine Harrington	NA
Sergeant	Mark Mott	Lindsay Jackson	Andrew Palmer	NA

If you are unable to complete your duty please arrange a substitute.

ROTARY CLUB NOTICE BOARD



ABOVE: Maggie Merigan - James, Max Ellis, George Ellis, Graham Neivandt and Bernie Young cooking the BBQ at Lake Weeroona for MND research.

The Rotary Club of Eaglehawk presents its annual

CHRISTMAS MARKET



All proceeds raised will go towards the Eaglehawk Secondary College's VET (Vocational Education Training) program

Door & Raffle Prizes
Sausage Sizzle Available
Face Painting
Gold Coin Donation Entry

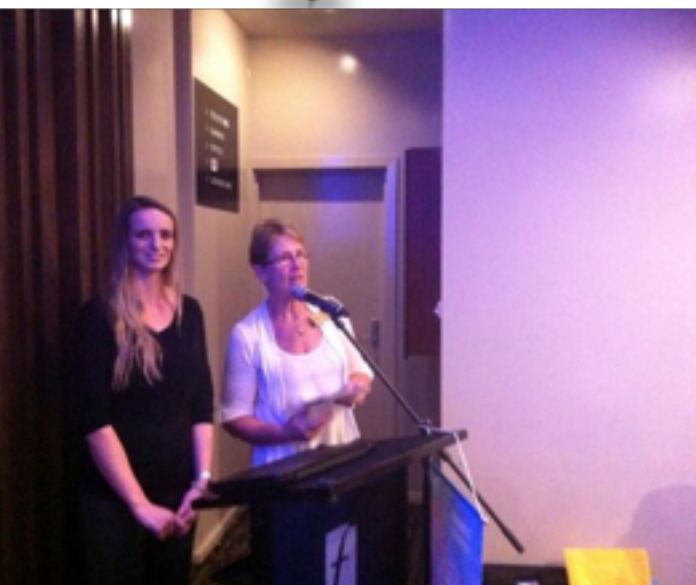


Come and get all your Christmas shopping done

December 5th 2013
4:30pm – 8:30pm
Mechanics Hall
School Street, Long Gully



Stallholders Wanted Phone 0421 936 241



ABOVE: Rotarian Wendy Learmount and MND scholar Janine James at last weeks meeting.



ABOVE: Rotarian Max Ellis at the Marketplace checking customers blood pressure to assist them in reducing the chances of suffering a stroke.

ROTARY CLUB OF BENDIGO SOUTH INFORMATION

THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT- Ron D. Burton

RI DISTRICT 9800 GOVERNOR- Ross Butterworth

ASSISTANT GOVERNOR (GOLDFIELDS CLUSTER)-

Grant Hocking

PRESIDENT- Helene Brown

PRESIDENT ELECT (Club Service)- Rod Spitty

HON. SECRETARY (Club Protection Officer)- Peter Ryall

HON. TREASURER- Jim Boyer

MEMBERSHIP DEVELOPMENT/ P.R.- Andrew Palmer

COMMUNITY SERVICE- Ian Ellis

ROTARY FOUNDATION & FELLOWSHIP- Wendy Learmount

VOCATION- Geoff McKinna

NEW GENERATIONS- Tony Plant

INTERNATIONAL SERVICE- Ros Chenery

PROGRAM COORDINATOR- Anne Peace

DIRECTOR OF CLUB COMMUNICATIONS-

Matthew Scott- mattgscott@telstra.com

ATTENDANCE & MAKE UP OPPORTUNITIES

DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUB MEETINGS

KANGAROO FLAT- Monday 6pm, Rotary Gateway Park

BENDIGO- Tuesday 12:45pm, Bendigo Club

BENDIGO STRATHDALE- Tuesday 6pm, All Seasons

BENDIGO NEXT GENERATION- Wednesday 7pm, The Exchange (Beneath Bendigo Bank)

ECHUCA MOAMA- Tuesday 6pm, Border Inn Moama

BENDIGO SANDHURST- Wednesday 7am, BRIT Restaurant

EAGLEHAWK- Wednesday 6pm, Mechanics Institute

ROCHESTER- Thursday 6pm, Shamrock Hotel function room.

THE ROTARY CLUB OF BENDIGO SOUTH ATTENDANCE OFFICER

ROS CHENERY-
ros.chenery@visionaustralia.org

TELEPHONE- 0407 802 801

Or 5445 5721

THE FOURWAYTEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?