

# *Rotary Club of Bendigo South* **SIGNPOST**

**Volume 65, No. 13, 23<sup>rd</sup> September 2021**

Meets Thursdays at 6pm for 6.30pm at the Lakeview Hotel (TBC weekly)

**SERVE TO CHANGE LIVES**



[bendigosouthrotary.org.au](http://bendigosouthrotary.org.au)

<http://www.twitter.com/RotaryBendigoS>

## **BSRC PRESIDENT'S REPORT:**

Last Thursday we had a most interesting presentation from Guide Dogs Victoria by Tracy Purcell (Melbourne) who has worked as the Major Donor Manager for 10 years and Justin Marshall who leads the Bendigo Office and has worked for Guide Dogs Victoria for 35 years. Both Tracy and Justin are very passionate about their roles and helping vision impaired people be independent and also be part of a connected community. They spoke of the role of technology to enhance the lives of vision impaired persons. Of course Technology will never replace Guide Dogs but as we all move into a more technological society, the vision impaired must not be left behind! The Bendigo Office is looking to raise funds to be able to provide one on one assisted technology training and to develop a technology hub at their site at 67 Wills St for use by any of their clients.

At our next meeting we will hear from my sister Andrea Salmon who works at the Nerve Centre (or from home...), dealing with MS sufferers and their families. More information is in the Signpost so read on!

Many thanks to the Members who have donated to the Uniform Library of the BSNF Club. It's not too late if you keep forgetting!!

The '2021 Walk With Us' raising money for the End Polio Now Program is on again – get walking and get sponsors. Spring is a beautiful time to be out and about and raise some money in the process! It's very easy to sign up.

See you on Zoom!

**Merlyn Quaife, AM**



## An enjoyable and informative Zoom Meeting with Guide Dogs Australia



**Tracy Purcell - - Major Donor Manager**



**Justin Marshall - - - Bendigo Office Manager**



## **SEPTEMBER & OCTOBER PROGRAM**

**(NOTE - The program for September & October is dependent on the COVID situation).**

<b>September</b>	<b>Venue</b>	<b>Program</b>
Thurs Sept 30th	ZOOM	Guest Speaker - Andrea Salmon MS Society  Chair – Merlyn Quaife
Thurs Oct 7 <sup>th</sup>	Lakeview Hotel (Covid Permitting)	Guest Speaker - Dr. Rob Blum - Director of Oncology - Bendigo Health  Chair - Merlyn Quaife
Thurs Oct 14th	ZOOM	Guest Speaker - Rotary Club of Phnom Penh – Cambodia  Chair - Greg Penno

***Next Club Meeting via Zoom- Thursday September 30th, with Guest Speakers:***



Andrea Salman is one of the Education and Wellbeing Program Coordinators at MS. She started with MSL almost 19 years ago as a locum Occupational Therapist and has held various roles since then.

Andrea believes that knowledge is power and wants people living with multiple sclerosis to feel supported and empowered to make informed decisions regarding living well with MS. In her current position Andrea is able to combine clinical experience and educational philosophy to provide quality experiences for people living with multiple sclerosis, their friends and family through webinars and face to face wellness programs.

A Trip Down Memory Lane.....

## Our High Tea

Belvoir Park Winery – November 2018





## Club Members Auction Project.

***Following a brief discussion re the potential of conducting an inter club auction at our last club members zoom meeting we would like to pursue the idea adopting the following format.***

- 1/ The auction is to be conducted over next 4 weeks (4 Thursdays in succession) first week would be to introduce the idea to members and gather in the items and/activities or services they are prepared to donate.
- 2/ Once all auction items have been pledged they then to be assembled in a table form that can be emailed out to all members. Photographs may also be included

### **Sample Only.**

Item No.	Item and description	Donor	Wk 1 Bids	Wk 2 Bids	Wk 3 Bids
1	Boat Fishing at Lake Eppalock, all equipment and bait supplied- Duration 4/5 hrs.	Pedro	\$20 (6) \$30 (34)	\$32 (6)	\$40 (34) \$45 (6) \$50 (12)
2	1 cu metre firewood-delivered	The Club			
3	1 Doz. native trees-choose from 5 varieties	The Club			

- 3/ Each member will be allotted their own bidding number and this will be sent out to each participant. Will keep a bit of mystery and intrigue during the bidding process.
- 4/ The table of items and latest received bids to be emailed to all members at least weekly seeking further bids. Would try to have an updated list for each weekly Signpost during the 4 weeks.
- 5/ On the concluding Thursday after 3 weeks of on line bidding time, the final auction would take place, hopefully face to face where anyone could make a final verbal bid on any item.
- 6/ Any funds raised from this activity will be used to pay the clubs ever increasing administrative and Annual operating costs. Club dues mostly cover our Rotary International and 9800 fees leaving little to pay other costs such as website, zoom subscription and storage shed council rates as just three examples. The auction items will come from mostly member support and in turn sold onto other members. However if you wish to invite a donation from a non-member or in turn invite a friend to make a bid on any particular item that is fine as long as you organize that specific arrangement.

### **What to do this week.**

*Come up with your item/s for the Auction Catalogue.*

Items can be something at home you no longer require and are prepared to donate. It could be something you are prepared to create-eg. Piece of Artwork, Bake some cakes and/or a skill or activity you are willing to offer to share for a fee with other members. Items with description details to be emailed to [anthony.plant@bigpond.com](mailto:anthony.plant@bigpond.com) If applicable provide a photo too.





### **A Helping Hand to supply Uniforms to our local Clubs:**

A reminder to donate the cost of your meal (that you didn't have) via the Club Account to go to the BSNF Club uniform library: BSB 633 000 Acc 103 497 236 with Footy in the Reference.

And for those who didn't attend you are also welcome to make a donation



As we approach our annual Mental Health Month campaign, we're encouraging everyone to get outside for a walk and help us [Lift the Lid on Mental Illness](https://www.liftthelidwalk.com.au/australian-rotary-health). Whether you live near a scheduled event or even if you are in a lockdown area, we've found a way to get everyone walking this year!

Please check out: <https://www.liftthelidwalk.com.au/australian-rotary-health>



**Over 30 years ago, Rotary made a promise to the world to eradicate polio.**

When we get there, it will be only the second time that a disease affecting humans has been eradicated.

Now we're on the brink of history, thanks to the support of partners like you and the generous support of the Gates Foundation.

**Let's drop to zero.**

**Two drops, every child, every time...**

**We are challenging you to walk, run or roll 10, 20 or 50km throughout the month and raise vital funds that will help eradicate and prepare us for a Polio free world.**

You can do them wherever you like, whenever you like and all while maintaining your social distance.

For every kilometre you walk over the month you'll be improving your overall health and wellbeing.

Research shows that getting at least 30 minutes of moderate intensity physical exercise a day is ideal to help reduce your risk of developing breast cancer.

To Register to Join the End Polio Walk - <https://www.rotarywalkwithus.org/register/walk-with-us/member>

**Visit to Government House - the Ballroom - March 2018 Bernie**

## Young President



L to R –Rod Spitty, Heather Nixon, Mathew Scott, Elizabeth Bell & PP Bernie young



*Many thanks to those that supply articles and photos for the Signpost*



# Rotary

## District 9800



### THE FOUR WAY TEST

- Is it the TRUTH
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned

### THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service;

SECOND.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional



**SERVE TO  
CHANGE LIVES**

## WHO'S WHO?

ROTARY INTERNATIONAL PRESIDENT:  
RI DISTRICT 9800 GOVERNOR:

Shekhar Mehti  
Dale Hoy

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CLUB PRESIDENT	Merlyn Quaife AM
SECRETARY	Paul Gibbons
TREASURER	Greg Noonan
YOUTH SERVICES DIRECTOR	Kay McLaughlin
INTERNATIONAL SERVICE DIRECTOR	Heather Nixon
COMMUNITY SERVICE DIRECTOR	Zoe Pocock
MEMBERSHIP DIRECTOR	Tony Plant
CLUB SERVICE DIRECTOR	Rod Spitty
CLUB PROTECTION OFFICER	Geoff McKinna
ROTARY FOUNDATION CHAIR	Peter Kilpatrick
FUND-RAISING and FINANCE	Gary Pinner
CLUB COMMUNICATIONS	Matthew Scott
NEWSLETTER EDITOR	Sue Duncan

## CLUSTER CLUB MEETING TIMES

### ***DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUBS***

**RC KANGAROO FLAT:** Monday 6pm, Rotary Gateway Park

Secretary - Geoff Wakefield 0408510218

**RC BENDIGO:** Tuesday 12:45pm, Bendigo Club, Park Street, Kennington.

Secretary: Danielle Ioniescu – 5444 0190 [secretary@rotarybendigo.org.au](mailto:secretary@rotarybendigo.org.au)

**RC ECHUCA MOAMA:** Tuesday 6pm, Moama Bowling Club, Shaw Street, Moama.

**RC BENDIGO SANDHURST:** Wednesday 7.30am, New Meeting Venue to be advised.

Secretary: John Harkin – 0409957000

**RC EAGLEHAWK:** Wednesday 6pm, Mechanics Institute

Contact on 0428468298 [eaglehawkrotary@gmail.com](mailto:eaglehawkrotary@gmail.com)

**RC ROCHESTER:** Thursday 6pm, The Court House building, Moore Street (Opp. G. Nelson Motors)

Contact - Heather Watson on 0439842177

**RC CASTLEMAINE:** Wednesday 6:30pm, The Cumberland Hotel

Secretary - Lyndal Mc Clure 044339116

