Rotary Club of Bendigo South SIGNPOST

Volume 65, No. 21, 25th November 2021

Meets Thursdays at 6pm for 6.30pm at the Lakeview Hotel (TBC weekly)

SERVE TO CHANGE LIVES



bendigosouthrotary.org.au

http://www.twitter.com/RotaryBendigoS

PRESIDENT'S REPORT

Well the year seems to be rapidly disappearing and we have only three more Meetings before Christmas!

The Club enjoyed a visit to Langley Hall last Thursday. New owners, Thomas and Simone Heywood, made us feel most welcome. They are passionate about their new home and their plans to eventually house a Music Academy. Thomas, who is a Concert Organist, regaled us with the history of the house and some of the noteworthy antique furniture. Ron Devereaux shared memories of when he dated a nurse who worked at Langley when it as a Children's Home and Heather Nixon's cousin Robert who worked there in the 70's shared many memories. There were many other interesting connections – definitely not six degrees of separation! About forty members, friends and partners enjoyed the hour at Langley and half then enjoyed a meal and Fellowship at the Lakeview. Many thanks to Tony Plant for organising our meal orders which meant there was no waiting and the meals were served with efficiency.

I drove to Rochester to check out and support the RC Rochester Art Exhibition 'Creative Seeds', see their Community Garden taking shape and look at their playground in Rotary Park.

Our Meeting on Dec 2 will be our final meeting for the year at the Lakeview. Our guest speaker will be joining us on Zoom to talk about Myeloma and the Rotary Outreach Myeloma Program (ROMP). ROMP is a program started by RC Camberwell – there is more information in the Signpost.

December 9 Meeting will be held at the Kangaroo Flat Rotary venue. We will be joined by RCKF Members and a BBQ meal will be supplied for all attending by our Club.

December 16 is our Christmas Function to be held at the RC Eaglehawke Club Rooms. Details and signup to be circulated at our next meeting.

Merlyn Quaife AM



Our visit to Langley Hall, in White Hills









Our Passionate host, Thomas Heywood













Such a fascinating visit - certainly enjoyed by all!

Many thanks to those that supply articles and photos for the Signpost

DECEMBER PROGRAM

(NOTE - The program for December is dependent on the COVID situation).

November	Venue	Program		
Thurs Dec 2nd	Lakeview Hotel	Guest Speaker- Matt Maudlin, Rotary Outreach Myeloma Program Chair - Merlyn Quaife		
Thurs Dec 9 th	Kangaroo Flat Club Rooms- Gateway Park	Guest Speaker - Toni West CEO Impact Recovery followed by Board Meeting Chair - Rod Spitty Dinner - BBQ		
Thurs Dec 16th	Mechanics Institute California Gully	Inspection of club storage facility, and Christmas dinner		
Thurs Dec 17 th	ZOOM – 5pm	Board Meeting		
Thurs Jan 3rd	Tony and Betty Plant's home	Social night to resume Rotary year		

Our Next Guest Speaker - Mr Matt Maudlin - ROMP

Community Engagement & Fundraising Manager Myeloma Australia

Has been with Myeloma Australia for 4 years

Alongside position at Myeloma Australia is also General Manager of Ping Pong-A-Thon, a charity that works against human trafficking and slavery.

Previously worked 20 years in the homelessness sector with 15 years CEO experience at Servants Community Housing Inc in Hawthorn

Passionately believes in the power of community and the belief that 'people do life better when they're together.'

Has been married to Isabel for 30 years and they have 4 children aged between 27 and 13 Lives in Silvan in the Yarra Valley

Awarded a Paul Harris Fellow by Rotary Club of North Balwyn for services to the homelessness sector

Badminton coach

Occasional saxophonist

Passionate follow of British hard rock legends Iron Maiden and follows them globally as money, time and his wife permits!

All-time favourite quote – John Wayne: 'Life it tough, but it's tougher if you're stupid.'

"ROMP" - The Rotary Outreach Myeloma Program

Celebrating 100 years of Rotary in Australia – a certified R100 project

Initiated and sustained by the Rotary Club of Camberwell, the Rotary Outreach Myeloma Program ("ROMP") is a formal collaboration between the Rotary Club of Camberwell and Myeloma Australia, the only myeloma specific charitable organisation in Australia.

The ROMP purpose Through collaboration with our fellow Rotary Clubs we will deliver quality support for people living with myeloma in regional Victoria. We will achieve this by providing a number of Rotary-led support services to each regional myeloma community.

A major focus of the ROMP initiative is the creation and on-going support of locally based myeloma support groups each led by a professionally qualified Myeloma Australia nurse.

The ROMP vision is for a near future in which no patient, their carers or family members will live more than one hour from a myeloma support group or local support services.

Myeloma and the Regional Myeloma Community Myeloma, also called Multiple Myeloma is a type of blood cancer that affects the inside of the bone marrow. The cancerous myeloma cells multiply inside the bone marrow, crowding out the healthy red blood cells. Myeloma causes damage to bones and attacks the immune system causing fatigue and can lead to frequent infections. There is no cure for myeloma.

It is estimated that that there are more than one thousand people in regional Victoria who are living with myeloma. The disease deeply touches the lives of many others around them to build a "myeloma community" of patients, medical professionals, carers, family and friends that number more than five thousand.

A low cost, hands on, high result Rotary program for Victorian regions Rotary clubs are influential and well connected in their areas. The ROMP initiative is compelling and easily communicated to community leaders. There is little or no cost and the local benefits are significant. A particular bonus is the Rotary fellowship between many engaged clubs and the significant promotion of the Rotary brand and the ideal of service above self. Generally, the local Rotary Club will provide the "hands on" work to facilitate the program and deliver the service outcomes. Promotional guidance and promotional materials will be provided by the ROMP Committee.

The ROMP program is locally based and discrete to every local region. The Rotary role is to identify myeloma patients in their communities and to bring the opportunity for their support through locally based support groups to their attention. A major source of support will be the local cancer treatment facility. Where a myeloma support group exists the program will seek to expand their membership. Where there is no support group, one will be created.

For more information and contact details please visit the ROMP web site at - www.romp100.org

FOODSHARE – Are you able to help?

Once again we are able to assist Foodshare in early January, so I am calling for volunteers for **Tuesday January 4**

9.30 am Pick-up from Supermarkets - 1 Driver, 2 Rescuers (1 in own car)

1.00 - 3.00 Distribution to Eaglehawk Community House - 1 Driver, 2 Rescuers (1 in own car) plus 1 - 2 volunteers to set up and greet clients

Merlyn

Providing Drinking Water to School Children in Vanuatu



Partnering with Rotary Santo in Vanuatu, Rotary Chadstone/East Malvern is installing three water tanks and guttering in three schools on the island of Espiritu Santo. And it is thanks to receiving a District Grant from The Rotary Foundation that our collective funds have enabled this project to take place.

To ensure the buy-in of the schools in the project, we leveraged up from water tanks at two schools to tanks at three schools where the local communities provided the materials and people power to build the foundations for the tanks, thereby confirming their on-going commitment to the program. The erection of an additional tank was made possible due to this community involvement.

The three schools benefiting from this project are Coolidge Kindy, Showground Kindy and Santa-Therese Primary School all on the island of Espiritu Santo. In two years, our club will have delivered five water tanks into Vanuatu.

Who would have thought that cooking sausages at Bunnings Chadstone could provide drinking water to school children in Vanuatu and that without the Rotary District International Grant twenty five percent of the kids would have missed out!!!

Author: Paul Rake, Rotary Chadstone/East Malvern

Great food, a little bubbles, and a tour of the property with great company!

Thank you, Elizabeth!











THE FOUR WAY TEST

- Is it the TRUTH
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
 - Will it be BENEFICIAL to all concerned

THE OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST.

The development of acquaintance as an opportunity for service; SECOND.

High ethical standards in business and

professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD.

The application of the ideal of service in each Rotarian's personal, business, and community life; FOURTH.

The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional



WHO'S WHO?

NEWSLETTER EDITOR

ROTARY INTERNATIONAL PRESIDENT: Shekhar Mehti RI DISTRICT 9800 GOVERNOR: Dale Hoy

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CLUB PRESIDENT Merlyn Quaife AM **SECRETARY Paul Gibbons TREASURER Greg Noonan** YOUTH SERVICES DIRECTOR Mark Tracy INTERNATIONAL SERVICE DIRECTOR **Heather Nixon** COMMUNITY SERVICE DIRECTOR Zoe Pocock MEMBERSHIP DIRECTOR **Tony Plant CLUB SERVICE DIRECTOR Rod Spitty CLUB PROTECTION OFFICER** Geoff McKinna **ROTARY FOUNDATION CHAIR** Peter Kilpatrick **FUND-RAISING and FINANCE Gary Pinner CLUB COMMUNICATIONS** Matthew Scott

Sue Duncan

CLUSTER CLUB MEETING TIMES

DISTRICT 9800 GOLDFIELDS CLUSTER ROTARY CLUBS

RC KANGAROO FLAT: Monday 6pm, Rotary Gateway Park

Secretary - Geoff Wakefield 0408510218

RC BENDIGO: Tuesday 12:45pm, Bendigo Club, Park Street, Kennington.

Secretary: Danielle Ioniescu – 5444 0190 secretary@rotarybendigo.org.au

RC ECHUCA MOAMA: Tuesday 6pm, Moama Bowling Club, Shaw Street, Moama.

RC BENDIGO SANDHURST: Wednesday 7.30am, New Meeting Venue to be advised.

Secretary: John Harkin - 0409957000

RC EAGLEHAWK: Wednesday 6pm, Mechanics Institute Contact on 0428468298 eaglehawkrotary@gmail.com

RC ROCHESTER: Thursday 6pm, The Court House building, Moore Street (Opp. G. Nelson Motors)

Contact - Heather Watson on 0439842177

RC CASTLEMAINE: Wednesday 6:30pm, The Cumberland Hotel

Secretary - Lyndal McClure 044339116